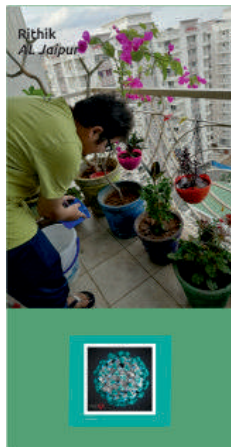




**Special  
Olympics**  
Bharat

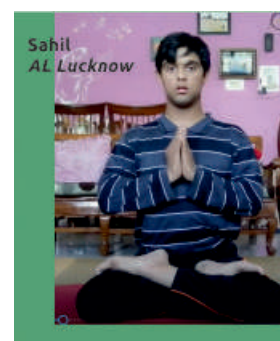


# Annual Report 2020



Let Me Win  
But  
If I Cannot Win  
Let Me Be  
Brave In The  
Attempt

- Special Olympics Athlete Oath



# PHILOSOPHY

Special Olympics is founded on the belief that People with Intellectual Disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from participation in individual and team sports.

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Air Marshal Keelor Founder & CEO

Mr Satish Pillai, Chairman

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## Message by the Athlete Leader - Shrey Kadian

My name is Shrey Kadian and I have been an Athlete leader for many years now. My greatest moment was when we won the softball match against Australia in the Special Olympics World Summer Games 2015, held in LA, USA. That was my world cup, and I danced, and said loudly that My dream has come true! That was SO Bharat's debut softball participation in the World Games and I was the Vice-Captain of the team. My Special Olympics journey that started in 2008 made me play Cricket, Basketball, Football, Volleyball, Badminton, Table-Tennis, Softball, Athletics, Shot Put, Bocce, Handball, Cycling, Floorball and DanceSport.

I enjoyed and continued to learn from all my sporting and Athlete leadership experiences that also took me to multiple places within and outside of India.

I am proud to say that I am the first ever nomination from India to represent the Asia Pacific region in the Special Olympics Global Athlete Leadership Council 2021-23 SO Bharat, has given me confidence. Earlier, whenever I started to talk in English, I would get stuck and nervous.

But participating in various meetings made me conscious and I practised 'English- speaking' at home. I have improved so much and this small achievement gives me immense joy. Right now, I'm pursuing BA Programme 2nd year from the Delhi University School of Open Learning without any writer. I have believed in myself and I think I can change this attitude in people who think that we can't do without a writer.

I want to say to everyone that Special Olympics wants to create an inclusive society for everyone. All of us have a unique power to achieve and to go on achieving. My future planning as a leader is to achieve more inclusion in our region. I would like to do this by creating more unified events, getting the local government involved, creating job opportunities and inspiring other athletes. I would like to lead by example and support Inclusive leadership as well as support everything that would help create a Unified tomorrow.

My message to everyone is never to stop learning and also to the many budding Athlete leaders to always support each other to lead the program. I believe that everyone has the ability to become smarter in the future. Just believe in yourself, be confident and lastly

**'Never Give Up'**

Your Athlete Leader,  
Shrey Kadian

**"All of us have a unique power  
to achieve and to go on  
achieving"**

**I would like to  
lead by  
example and  
support  
Inclusive leadership as well as  
support everything that would  
help create a Unified tomorrow**





## Message by the Founder & CEO - Air Marshal Denzil Keelor

*PVSM, KC, AVSM, Vrc*



Since its inception in 2001, and with each passing year Special Olympics Bharat has gained more power, reaching out to more and more persons and organizations.

I am delighted to witness this diversity as I am also pleased to observe a resilience to adapt to changing circumstances. The unforeseen confrontation with the pandemic felt globally, would always stand testimony to the willingness of all of us to acquire, adjust, discover and leverage the positive outcomes from any given situation

I am grateful to the continuing and enthusiastic support of the Government of India, Athletes, families, Partners, Volunteers, Corporates, Sports Clubs, Media and Medical Communities who have continued to support humanity, to break divisions and respect everyone. The States remain the pivot of growth and development and must continue to strengthen local programming to be able to percolate to the grassroot with quality sports experience

Having to see so many Athletes emerge as leaders, interacting effectively at all levels, is nothing less than a miracle. Strengthening and expanding school programing through the involvement of the youth, with and without Intellectual Disability, must assume urgency in our onward journey. To nurture a unified generation, engaging beyond the sports arena, would be a significant contributor. Today, I can see that some people are breaking-out on their own like the Youth leaders, with and without Intellectual Disabilities. External organizations want to associate with us. These are remarkable achievements for SO Bharat as an organization and as movement in the true spirit. I have hope and I trust that our team will stand strong to meet any challenge with fortitude and success while journeying deeper to reach the unmapped, touching lives and proliferating the impact and power of Inclusion

I Wish you all inspiring and fruitful new tidings

God Bless

A handwritten signature in black ink, appearing to read 'Denzil Keelor'.

The States remain the pivot of growth and development and must continue to strengthen local programming to be able to percolate to the grassroot with quality sports experience



## Message by the Chairman - Mr Satish Pillai

The year 2020 brought unprecedented and unforeseen changes, steering us to adapt to a new emerging reality. Despite the uncertainties of the year, the Special Olympics Bharat team rose to the challenge demonstrating unceasing resilience and the determination to explore and embrace uncharted terrains individually, as well as programmatically.

The Virtual endeavors gifted us with the exhilarating experience of staying strongly connected with each other, beyond boundaries and time zones, while also expanding our reach to new partners.

The year we witnessed an incredible emergence of Athletes showcasing their hidden abilities and, in a way, coercing all of us to unearth vast areas of undiscovered talents and aptitudes lying within ourselves. Notwithstanding, there lies an enormous amount of work that must be carried out to include those who have not been included owing to the lack of digital access.

An increasing volume of mainstream schools are joining hands with SO Bharat through the benevolence of our supporters who believe that the world can be a happier space where there is no place for Isolation. We are grateful to His Highness Sheikh Mohamed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Deputy Supreme Commander of the United Arab Emirates Armed Forces, Stavros Niarchos Foundation, Lions Clubs International through the Aruna Abhey Oswal Trust, IKEA Foundation, Hasbro, ESPN, Herbalife Nutrition, the TATA Group and many more which are adding significantly to the Program.

Special Olympics indeed has expanded from individual sports for people with intellectual disabilities to unified sports and now to education. The Special Olympics Global Strategy 2021-24 guides us towards the two over-arching goals of strengthening local programming as well as leveraging digital technology that would bring us at par with the rest of the world. I acknowledge and appreciate the work done by the State Programs and encourage them to continue the momentum of dynamism and resilience. I convey my Best Wishes to the Athletes, Coaches, and their respective Families, Youth, Volunteers and our partners from the Academic, Medical, Media and the Corporate world.

On behalf of the SO Bharat family, I would like to express our deepest gratitude to the Special Olympics International, the Special Olympics Asia Pacific Region for supporting us. I would like to take this opportunity to assure them of our continuous effort to further strengthen the Special Olympics movement in India as well as around the world

Best Wishes

**"There lies an enormous amount of work that must be carried out to include those who have not been included owing to the lack of digital access"**

# Carrying Forward a Legacy



**Dr Timothy Shriver**  
Chairman  
Special Olympics  
International

**Ms Mary Davis**  
CEO  
Special Olympics  
International

- Dr Tim Shriver – Chairman & CEO from 2009
- Introduced change - Prepared a Global 5 year Strategic Plan
- Introduced major holistic and value- added reforms
- Introduced Unified Sports on a large scale
- Broadened vision beyond ID Persons to include all like-minded partners
- Renewed commitment to “Sustained Quality Growth”
- Transitioned from a “Program to a Movement”
- Introduced a new Community-orientated Strategic Plan 2016 – 2020
- Provided significant funding for initiatives

## SPECIAL OLYMPICS *The Foundation*

**Eunice Kennedy Shriver**  
1921-2009



**Small Steps  
Great Strides**  
*A woman's quest  
to change the world*

### **The Beginning:**

Every Movement has a heart and a story. Ours began because of one woman, Eunice Kennedy Shriver, who deeply loved her sister. She became furious about the neglect and indifference she saw towards her sister and others with Intellectual Disabilities.

She had deep faith that everyone counts and she loved sports. In a moment that literally changed the world, she saw how sports can transform the lives of those who shared the challenges of her sister. Special Olympics was born on this compassion, fury and action.

Founded by  
Mrs. Eunice Kennedy  
Shriver in 1968  
in the USA &  
recognized by  
the International  
Olympic  
Committee

**Rosemary Kennedy (sister of EKS)**  
1918-2005



**The Inspiration  
behind the  
movement**

*“Nothing happens .....  
but first a dream”*



## Using Language with Care

- Refer to participants in Special Olympics as "Special Olympics athletes" rather than "Special Olympians" or "Special Olympic athletes."
- We use the term "Intellectual disabilities" and not "Mental Retardation".
- Refer to individuals, persons or people with intellectual disabilities, rather than "intellectually disabled people" or "the intellectually disabled." The person is placed before the condition.
- A person has intellectual disabilities, rather than is "suffering from," is "afflicted with" or is "a victim of" mental retardation/intellectual disabilities
- A person "uses" a wheelchair, rather than is "confined" or "restricted to" a wheelchair
- "Down syndrome" has replaced "Down's Syndrome" and "mongoloid."
- Do not use the label "kids" when referring to Special Olympics athletes. They are Athletes /Persons/People/Children
- Do not use the adjective "unfortunate" when talking about persons with an intellectual disability.

### SPECIAL OLYMPICS VS PARALYMPIC: WHAT'S THE DIFFERENCE?

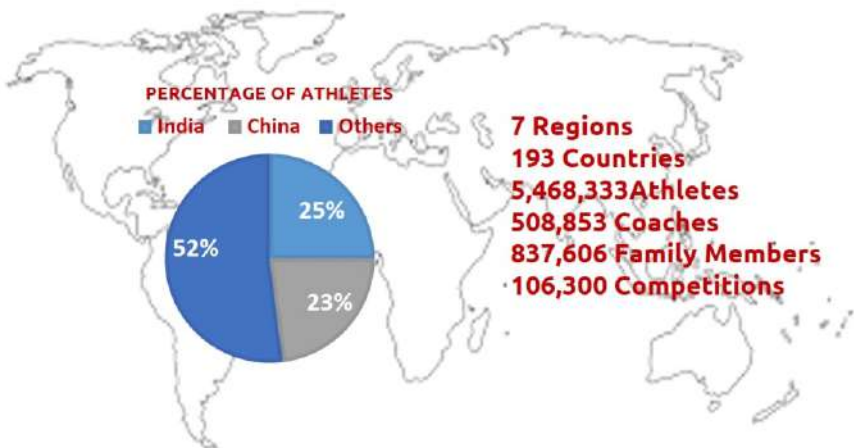
Special Olympics and Paralympic are two separate non-profit organizations recognized by the International Olympic Committee (IOC).

Special Olympics and Paralympic differ in three main areas:

	1 Who we serve	2 Sporting philosophy	3 Structure of the respective organizations
WHO WE SERVE	Special Olympics welcomes all people with intellectual disabilities (ages 2 and older) of all ability (ID) levels, to participate in 32 Olympic-type sports.	Special Olympics welcomes all people with intellectual disabilities (ages 2 and older) of all ability (ID) levels, to participate in 32 Olympic-type sports.	Paralympic welcomes athletes mainly with physical disabilities who have to fulfill qualifying performance standards. <b>Only top performing athletes can participate in competitions.</b>
SPORTING PHILOSOPHY	Equal ability groupings are the foundation for Special Olympics sports, allowing them to compete within their own ability levels. <b>Winning is not the goal at Special Olympics. Maximizing participation is.</b>	Equal ability groupings are the foundation for Special Olympics sports, allowing them to compete within their own ability levels. <b>Winning is not the goal at Special Olympics. Maximizing participation is.</b>	Athletes go through a stringent qualification process, where only the best are selected.
ORGANIZATION STRUCTURE	Special Olympics is a community-based grassroots movement for <b>people with intellectual disabilities of all ability (IQ) levels.</b>	Special Olympics is a community-based grassroots movement for <b>people with intellectual disabilities of all ability (IQ) levels.</b>	Paralympic is run by the International Paralympic Committee (IPC), mainly for athletes with a physical disability.

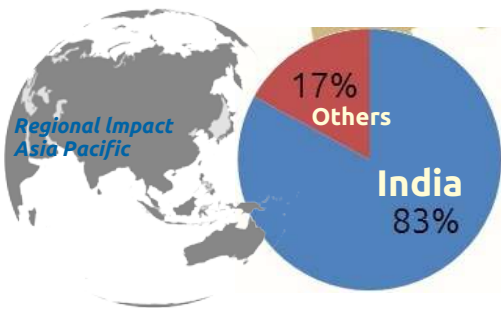


# Global Impact



The focus for Special Olympics is on, both, providing a high quality sports experience and engaging key influencers and communities with that experience in ways that help create positive attitudes and bring about permanent change towards Inclusion of People with Intellectual Disabilities

# Regional Impact Asia Pacific

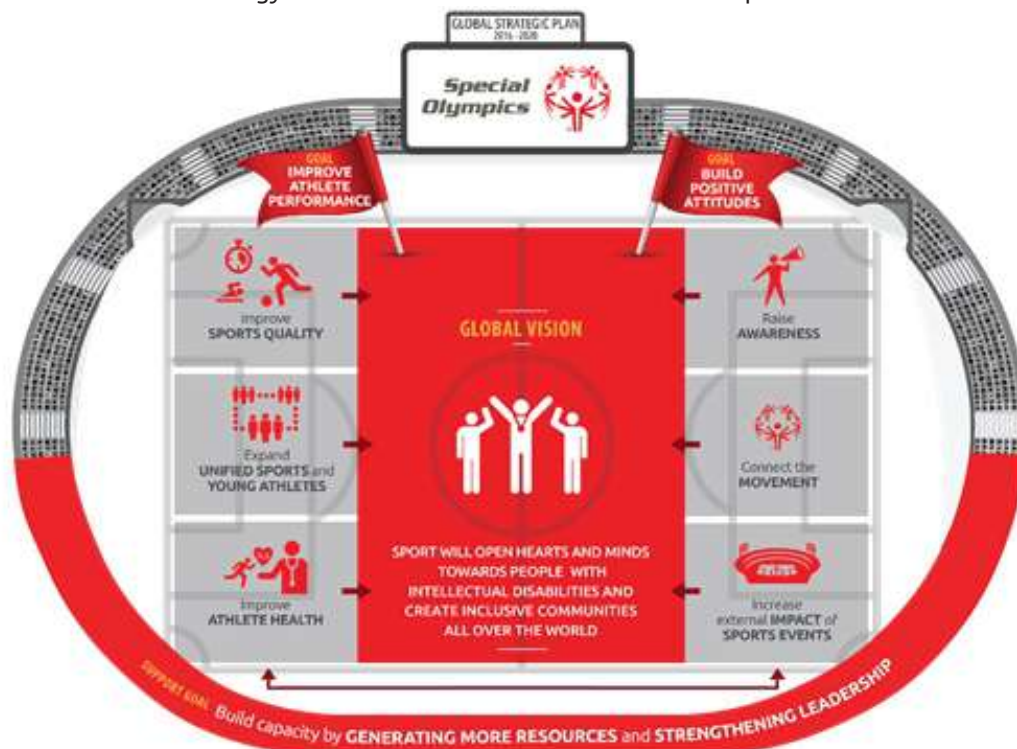


“We don’t exist to provide, service to a single group. We are here to change society and demonstrate that change involves all of us. We facilitate and engage in experiences that are transformative – not just for our Athletes but for all who engage with open hearts and mind”-  
**Dr. Tim Shriver**  
**SOI Vision of the future**

# Mission

Mission				
ATHLETE EXPERIENCE				
"We celebrate now and always that our Athletes are at the centre of and the heart of our Movement"				
International Competitions	Region Competitions	National Games	State Games	District Games
Healthy Athlete Programs	Mission Statement  The Mission of Special olympics is to provide year round Sports Training and competition in a variety of Olympics type Sports for children and adults with intellectual disability, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.			Unified Sports
Young Athletes Programs				National Championships
Family Forum				National Coaching Camps
Athlete Leadership				ACTC Courses
Youth Engagement				Community Coaches Training
Unified Champion Schools				Local Programs
Registration and Training of new Athletes				

**SO Global Strategy 2016-20**  
 “Strategy is a sense of direction around which to improvise”



“Every human being has a fundamental right of access to physical education and sport, which are essential for the full development of his personality. The freedom to develop physical, intellectual and moral powers through physical education and sport must be guaranteed within the educational system and in other aspects of social life”  
 ( **International Charter on Physical Education and Sport UNESCO 1978 and Comprehensive National Sports Policy 2007 - Ministry of Youth Affairs & Sports**)

**SO Global Strategy 2021-24**  
*The Way Forward*



**THE STRATEGIC PLAN AT A GLANCE**



Special Olympics changes attitudes and behaviors through sport. We do it by showcasing the gifts and talents of people with ID, creating friendships and demonstrating the best of the human spirit. **This Plan has two goals:**

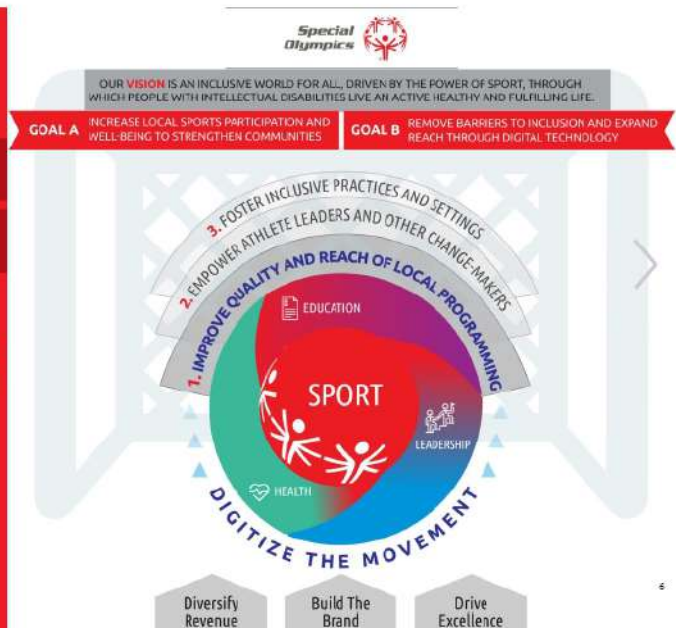
- GOAL A** Improve local sports participation and well-being to strengthen communities
- GOAL B** Remove barriers to inclusion and expand reach through digital technology

Three strategies will lead to achievement of these goals:

- S1. Improve quality and reach of local programming**
- S2. Empower athlete leaders and other change-makers**
- S3. Foster inclusive practices and settings**

All of this will be made possible through four enablers:

- E1. Digitize the Movement**
- E2. Diversify Revenue**
- E3. Build the Brand**
- E4. Drive Excellence (People and Practices)**





## The Evolution in India



At the time I joined the program I did not realize the power of the Athletes, the strongest force that took me through the toughest challenges emerging from multiple sectors.

Having fought crucial wars in the past and having served the Indian Air force I was well-equipped with the determination to confront and fight. My resolve to make SO Bharat happen strengthened as I took a closer look at the Athletes  
-Air Marshal Denzil Keelor

### 11 March 2013

SO Bharat's record of number of registered Athletes crossed the one million mark substantiating the dynamic contribution of the Area Directors and the Coaches in the movement.

The momentum set by now, continued to move with  
**Sustained  
Quality Growth**



### 19 July 2001

'Special Olympics Bharat' is registered under the leadership of Air Marshal Denzil Keelor, with the Indian Trusts Act 1882. The Special Olympics movement, although founded in India in 1987 by the name 'Special Olympics India' functioning only in the Metro cities

### June 2003

Participated for the first time in the Special Olympics World Summer Games held in Dublin Ireland wherein 103 Athletes and Coaches represented India

### February 2004

The Goa Agreement marked a turning point as SOI committed the Christmas Grant that enabled SO Bharat to leap forward to register 500,000 Athletes in the next five years.

### Early 2005

Dr Tim Shriver, Chairman, SOI accompanied by Senior officials Mr Ray Lane and Mr Bart Cornor visited India. A meeting was held with Dr Abdul Kalam, President of India, Dr Manmohan Singh, Prime Minister of India, Mrs Sonia Gandhi, UPA Chairperson and Mr Sunil Dutt, Minister Of Youth Affairs & Sports

### 19 January 2006

The Ministry of Youth Affairs and Sport recognised SO Bharat as a National Sports Federation for the development of sports for Persons with Intellectual Disabilities, upgraded to the "Priority Category," in April 2006

### October 2007

Snow Games were initiated through the state of Himachal Pradesh that also hosted the first National Games in Snow Sports.

The first SO Bharat contingent composed of 137 Athletes and 48 Coaches, fully sponsored by the Govt of India went for the Special Olympics World Summer Games held in Shanghai, China

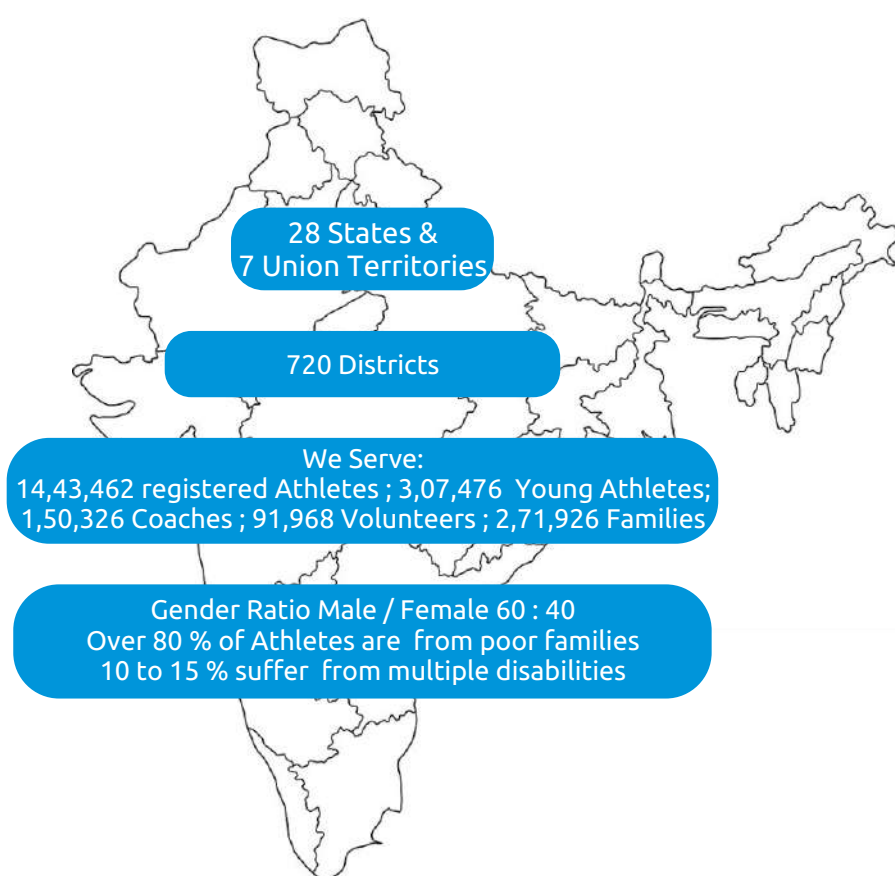
### April 2008

The Govt. introduced a program popularly called the MYAS SCHEME, declaring SO Bharat as the Nodal Agency for the conduct of sports for Persons With Disabilities. SO Bharat gained access to 1.4 Million schools falling under the Sarva Shiksha Abhiyan (SSA)

### December 2008

Sponsored by DHL, the International Law Enforcement Torch Run was held in Chandini Chowk, New Delhi, in the presence of Mrs Sheila Dixit, the then Chief minister of Delhi and Actor Akshay Kumar. Dr John Dow presided over the function

## Expanse in India



SO Bharat is a National Sports Federation recognized by the Ministry of Youth Affairs & Sports Govt of India

### SPORTS

Aquatics Athletics  
Bocce  
Badminton Basket ball  
Cricket Cycling  
Foot ball Golf  
Handball Judo  
Kabaddi Kho-kho  
Net ball  
Power lifting  
Roller- Skating  
Soft ball  
Table-Tennis Volley ball

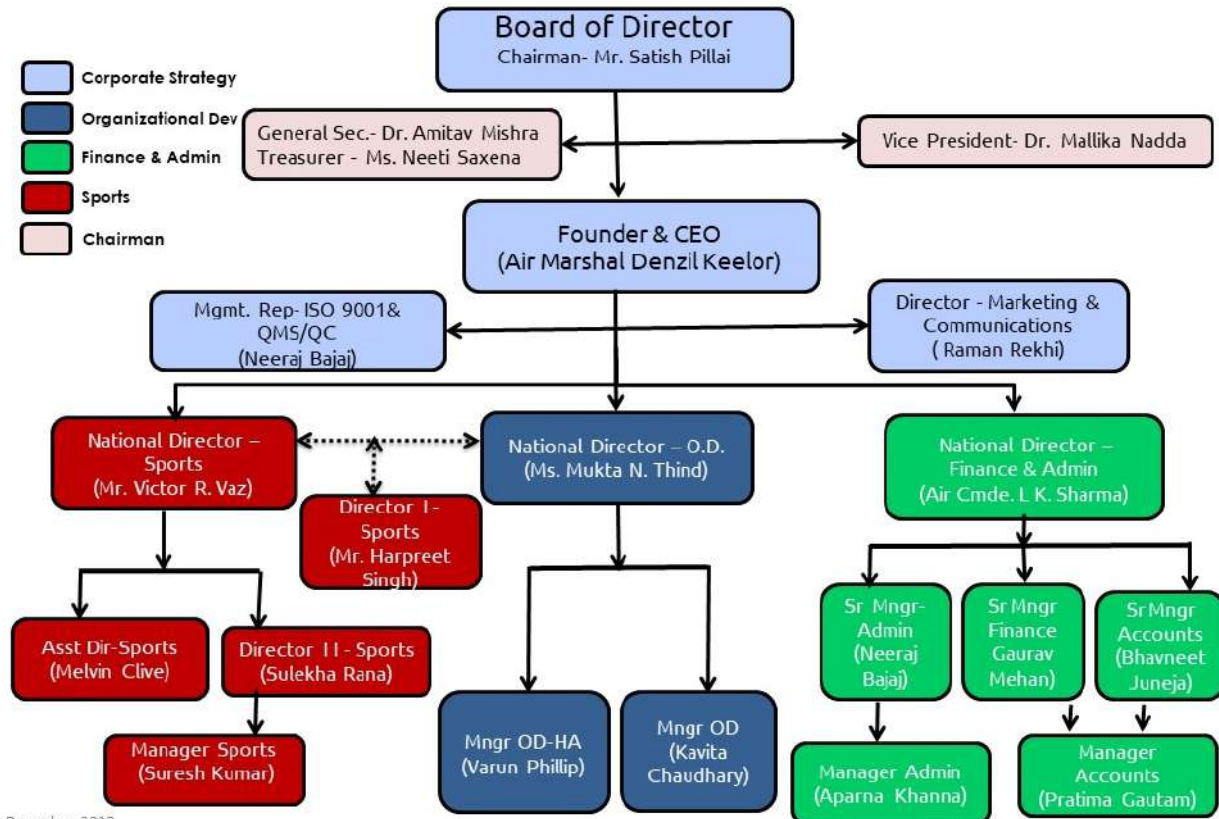
## Strategy Growth- Vision 2016 – 20

Item Per Year	Plan	2001-2016	2017	2018	2019	2020
Young Athletes / Athletes	Target	1,310,000	100,000	1,10,000	1,15,000	37,900
100000	Achieved	1,304,639	1,02,230	112034	115548	38667
Coaches	Target	133500	10,000	10,000	10,000	1350
17500	Achieved	137,617	10,365	10,303	10,187	1140
Volunteers	Target	80,000	5000	5000	5000	750
@ 5000/yr	Achieved	79,481	6045	4933	8347	856
Families	Target	100,000	1,00,000	30,000	30,000	10,000
@5,000/yr	Achieved	100,841	1,02,130	62,413	65,466	487



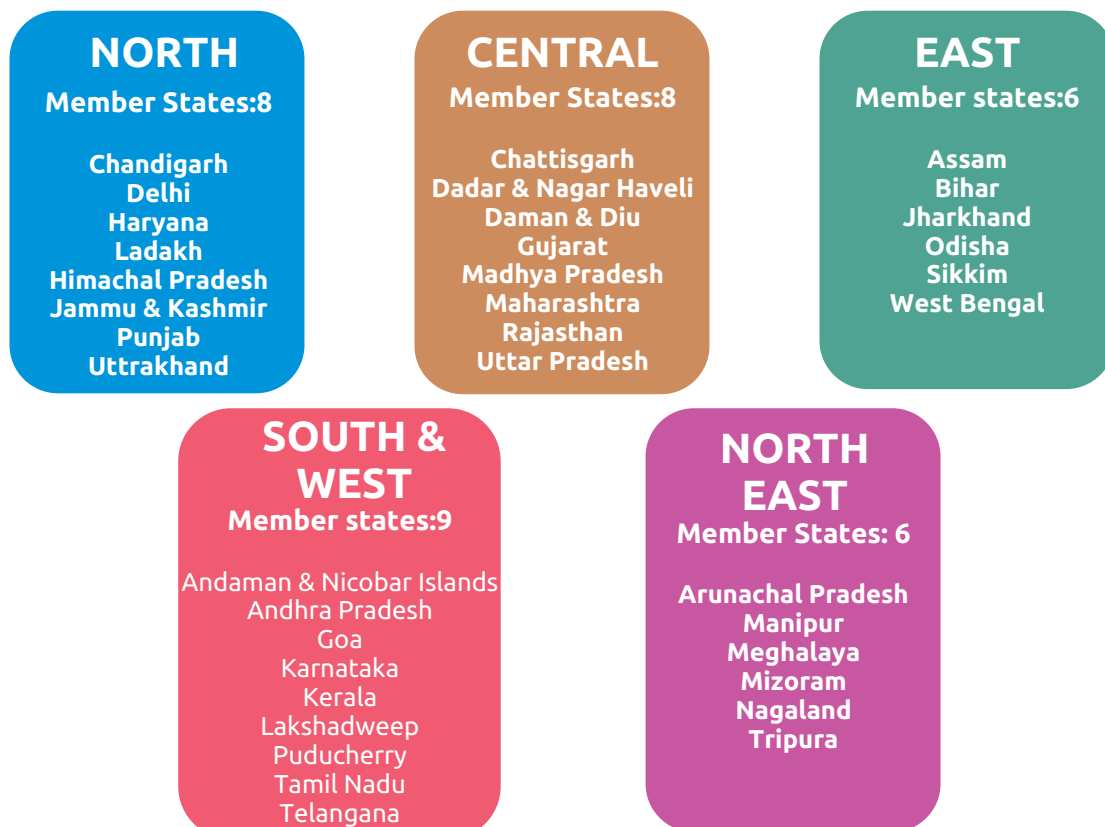
# Structure: National & Regional

## ORGANIZATION CHART



21 December 2020

## Regional Structure



SO Bharat works across 35 States and Union Territories in India covering 727 districts. Each State /UT is run by a State Committee headed by an **Area Director**

SO Bharat Tracking extends to this level



31 Area Directors – each AD is supported by a part time program manager and between 3 and 5 volunteer coaches

Each Block consists of between 60 – 80 Primary Schools or equivalent with a Teacher who is trained as a coach

1



Dr Anjana Goswami  
Assam  
Mr C Rajasekhar  
Andhra Pradesh & Telangana  
Dr Shivajee Kumar  
Bihar  
Ms Neelu Sarin  
Chandigarh  
Dr Pramodh Tiwari  
Chattisgarh  
Ms Neeti Saxena  
Delhi  
Ms Vrushali Cardoza  
Goa  
Dr RJ Chaudhari  
Gujarat  
Mr Virender Kumar  
Haryana  
Mr Parikshat Sood  
Himachal Pradesh  
Dr Ashwini Jojra  
Jammu & Kashmir  
Mr Satbir Singh Sahota(AAD)  
Jharkhand  
Ms Kumuda  
Karnataka  
Father Roy  
Kerala  
Mr Dipankar Banerjee  
Madhya Pradesh  
Ms Sandra Vaz  
Maharashtra  
Dr M Y Singh  
Manipur  
Ms Christine Beale  
Meghalaya  
Ms Sara Kimi  
Mizoram

Ms Arenla Tzudir  
Nagaland  
Mr Prakash Rath  
Odisha  
Ms Chitra Sah  
Puducherry  
Col. Karaminder Singh  
Punjab  
Mr UK Pandey  
Rajasthan  
Dr BP Dhakkal  
Sikkim  
Ms Supriya De  
Tripura  
Ms Saswati Nanda  
Uttar Pradesh  
Mr Bhupal Mehta  
Uttarakhand  
Mr Doko Chaki  
West Bengal

## School Programming

S. No	State	Schools		Athletes		Unified Partners	
		Total	Virtually Active	Total	Virtually Active	Total	Virtually Active
1	Andhra Pradesh	118	15	150	0	25	15
2	Arunachal Pradesh	9	0	53	0	123	0
3	Assam	36	25	206	152	260	123
4	Bihar	238	65	16060	4125	115	85
5	Chandigarh	7	7	838	430	0	0
6	Chattisgarh	58	33	15620	360	650	170
7	Delhi	174	30	2550	120	235	15
8	Gujarat	588868	2657	724386	45670	625353	35830
9	Goa	49	0	4773	75	0	0
10	Haryana	897	46	28200	0	5950	325
11	Himachal Pradesh	55	17	14900	250	519	60
12	Jammu & Kashmir*	49	5	980	100	457	15
13	Jharkhand	239	11	2445	70	2200	150
14	Kerala	994	338	92519	10795	8195	4910
15	Karnataka	130	100	1600	250	0	0
16	Maharashtra	665	251	90000	12300	500	100
17	Manipur*	29	4	580	80	49	12
18	Meghalaya*	14	2	280	40	0	0
19	Mizoram*	28	7	560	140	0	0
20	Madhya Pradesh	58103	10381	115623	9690	2502	1317
21	Nagaland*	24	4	480	80	0	0
22	Odisha	237	17	6450	60	0	0
23	Pondicherry	19	9	485	105	100	20
24	Punjab	111	63	8207	3700	550	367
25	Rajasthan	265	75	30700	1260	1000	80
26	Sikkim	16	5	320	100	0	0
27	Tamil Nadu*	440	35	19850	2000	9975	100
28	Telangana	125	12	120	0	20	12
29	Tripura*	15	5	300	100	0	0
30	Uttar Pradesh	62905	17504	106500	45800	64200	31500
31	Uttarakhand	26110	2666	16500	10800	11300	7275
32	West Bengal	533	41	8039	82	16	10
<b>Total</b>		<b>741560</b>	<b>34430</b>	<b>1310274</b>	<b>148734</b>	<b>734294</b>	<b>82491</b>

\* Data collected on basis of reports submitted before 2019 and participation in 2020

### GLOSSARY

**Schools:** Pre-Primary/ Anganwadi/ Primary / SSA/ Mainstream School / Special School/ Vocational Institutes / Colleges and Universities

**Athletes :** Persons/Students/Youth with an Intellectual Disability

**Unified Partners :** Persons/Students/Youth without an Intellectual Disability



Type	Schools		Athletes		Unified Partners	
	Total No	Virtually Active	Total No	Virtually Active	Total No	Virtually Active
Pre - Schools	26934	2226	297761	23519	176499	12529
Primary / SSA	295343	26253	302185	41070	105518	19889
Institutes	206754	697	118107	10042	102415	11664
Special Schools	168846	2362	405910	53994	23478	16768
Mainstream Schools	21599	2554	164554	17919	143550	11774
College & Universities	21584	288	1757	190	172834	9767
North East	500	50	20000	2000	10000	100
<b>Total</b>	<b>741560</b>	<b>34430</b>	<b>1310274</b>	<b>148734</b>	<b>734294</b>	<b>82491</b>



Special Olympics envisions a world in which all people are valued for their unique contributions to their community and are respected, included and welcomed in society regardless of their different abilities. Young people with and without intellectual disabilities (ID) are critical to creating this world. They are more open to inclusion – they understand and embrace it by drawing young peoples' attention to the gifts of people with ID, mis perceptions are broken down, negative attitudes are tackled and their tremendous potential is highlighted.

In the last two decades, Special Olympics turned its attention to schools and to the challenge of teaching inclusive attitudes in children before discriminatory and exclusionary attitudes develop and harden. Over that time, thousands of educators have collaborated with Special Olympics volunteers, parents, coaches, and athletes themselves in developing the design, implementation, and evaluation of a school-based program to promote inclusivity and end bullying and discrimination.

Unified Schools programming is designed to facilitate Special Olympics Unified Sports, provide classroom and community experiences that engage young people in activities that lead to improved behaviour and school climate.

While some doubt that schools can handle yet another responsibility, research shows that it is not only possible but also necessary for schools to integrate social, emotional and cognitive approaches to learning. Research shows, for instance, that in the face of bullying and discrimination, students can learn to be inclusive, welcoming, and empathetic — and learn more effectively too.

Source| <https://www.specialolympics.org/stories/news/timothy-shriver-says-inclusion-in-schools-is-key-to-ending-exclusion>

The New Education Policy (2020) of India is a historic effort that places Equity and Inclusion at the heart of the education system



## A- Annual Cost of Administration

Level of Office	Detail of Expenditure	Rate	Months	Qty.	Amount	Operation cost in US @ 74	Source Of Funding
1. National Office	Uncovered Expenditure Wages	₹ 14,356,500	1	1	₹ 14,356,500	\$194,007	SOI 75%, SOB 25%
1. National Office	Uncovered Expenditure Ops Cost	₹ 10,643,500	1	1	₹ 10,643,500	\$143,831	SOI 75%, SOB 25%
3. Regional offices	Wages	₹ 100,000	12	3	₹ 3,600,000	\$48,649	State 70%, SOB 30%
3. Regional offices	Operating Cost	₹ 75,000	12	3	₹ 2,700,000	\$36,486	State 70%, SOB 30%
35 State Offices	Wages	₹ 50,000	12	35	₹ 21,000,000	\$283,784	State 50%, SOB 50%
35 State Offices	Operating Cost	₹ 75,000	12	3	₹ 2,700,000	\$36,486	SOB 50%, State 50%
679 Districts Offices	Wages	₹ 20,000	12	679	₹ 162,960,000	\$2,202,162	SOB 50%, State 50%
679 Districts Offices	Operating Cost	₹ 10,000	12	679	₹ 81,480,000	\$1,101,081	SOB 50%, State 50%
<b>Total</b>		<b>₹ 25,330,000</b>			<b>₹ 299,440,000</b>	<b>\$4,046,486</b>	

## B- Annual Cost of Coaches( Uncovered Expenditure)

Items				Total Camper	Budget Rs	Budget \$	Sponsor
Volunteers/ Trainers/ Coaches	Wages	₹ 300,000	1	150,326	₹ 45,097,800,000	\$609,429,730	
<b>Total</b>	\$4,500 per year	₹ 300,000	1	150,899	₹ 45,269,700,000	\$611,752,703	

## C- State/ District/ Local Program (Uncovered Expenditure)

Items	Camps	Amount	Athlete	Total Camper	Budget Rs	Budget \$	Sponsor
State Games Big State	15	₹ 1,000,000	700	8,840	₹ 15,000,000	\$202,703	
State Games Small State	20	₹ 400,000	300	11,785	₹ 8,000,000	\$108,108	
State Event Big State	30	₹ 400,000	300	11,250	₹ 12,000,000	\$162,162	
State Event Small State	40	₹ 400,000	300	15,000	₹ 16,000,000	\$216,216	
District Games	679	₹ 300,000	300	254,625	₹ 203,700,000	\$2,752,703	
District Events	1,358	₹ 150,000	150	509,250	₹ 203,700,000	\$2,752,703	
Local Program 2 even	96	₹ 1,250,000	60	808,000	₹ 120,000,000	\$1,621,622	
<b>Total</b>				<b>1,618,750</b>	<b>₹ 578,400,000</b>	<b>\$7,816,216</b>	

## D- Annual Cost of Long Term Development Plan ACTC-2020 Govt

LTDP	Camps	Athlete/ Trainee	Resource Person	Total Camper	Budget Rs	Budget \$	Sponsor
NCC/NC	3	242	19	261	₹ 3,787,200	\$51,178	
ACTP's (Sports & GMS)	2	152	13	165	₹ 2,013,000	\$27,203	
World Winter Games	1	100	25	125	₹ 11,534,700	\$155,874	
<b>Total</b>		<b>494</b>	<b>57</b>	<b>551</b>	<b>₹ 17,334,900</b>	<b>\$234,255</b>	

## E - Annual Cost of MYAS Scheme Govt (Uncovered Expenditure)

Items	Camps	Athlete/ Trainee	Resource Person	Total Camper	Budget Rs	Budget \$	Sponsor
LNIP Master Trainer	6	600	120	720	₹ 4,500,000	\$60,811	
Community Coach Training	150	7,500	750	8,250	₹ 4,500,000	\$60,811	
District Games	150	45,000	4,500	49,500	₹ 22,500,000	\$304,054	
State Games	28	14,000	1,400	15,400	₹ 14,000,000	\$189,189	
National Games	1	750	250	1,000	₹ 3,000,000	\$40,541	
<b>Total</b>	<b>335</b>	<b>67,850</b>	<b>7,020</b>	<b>74,870</b>	<b>₹ 48,500,000</b>	<b>\$655,405</b>	

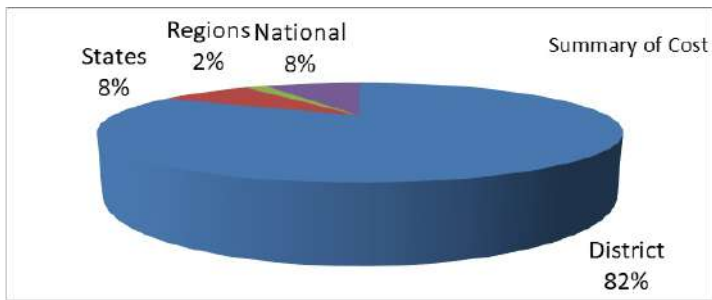
## F - Strategic Growth Plan 2020 (Grant Supported)

Initiative	Camps	Athlete	Resource Person	Rate/Ath	Budget Rs	Budget \$	Sponsor
Young Athletes	25	30,000	2,000	\$0.83	₹ 1,850,000	\$25,000	IKEA Foundation
Developmental Sport	22	3,100	200	\$14.97	₹ 3,435,000	\$46,419	Herbalife Nutrition
Unified Sports	300	20,000	500	\$2.40	₹ 3,552,000	\$48,000	ESPN/ Hasbro
Healthy Athletes	275	11,000	3,350	\$1.82	₹ 1,480,000	\$20,000	SOI
Youth Leadership		700		\$189.29	₹ 9,805,000	\$132,500	SNF / MBZ
<b>Total</b>	<b>622</b>	<b>64,800</b>	<b>6,050</b>		<b>₹ 20,122,000.00</b>	<b>\$ 271,918.92</b>	

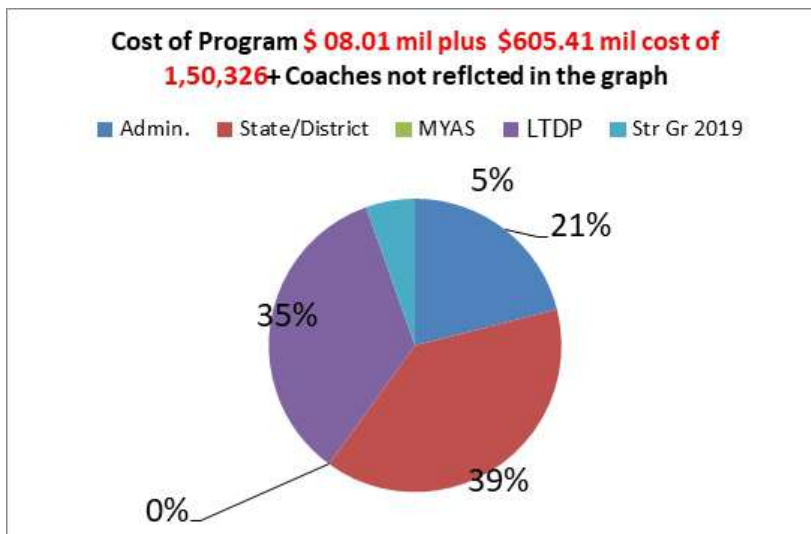
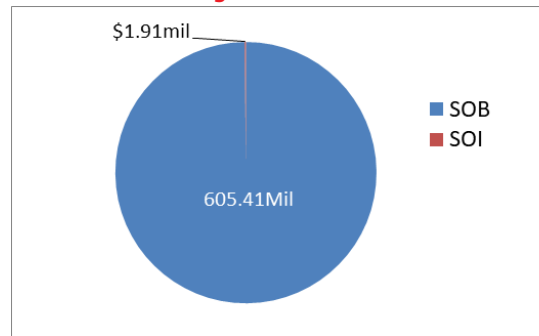
## G - Total Cost of SO Bharat Program

A) Administration Cost	1,870,686		1,870,686		₹ 299,440,000	\$4,046,486	SOI/SOB / VIK
B) Cost of Coaches		150,326	150,326		₹ 45,269,700,000	\$611,752,703	Value in Kind
D) LTDP (ACTC)	494	57	551		₹ 17,334,900	\$234,255	Govt. Of India
E) MYAS					₹ 48,500,000	\$655,405	Value in Kind
F) Strategic Growth	64,800	6,050	70,850		₹ 20,122,000	\$271,919	SOI
C) National/State/ District/ Local Program			1,618,750		₹ 578,400,000	\$7,816,216	Value in Kind
<b>Total</b>					<b>₹ 46,233,496,900</b>	<b>\$624,776,985</b>	

Special Olympics Int Supported	Government of India Supported	Value in Kind
\$271,919	\$234,255	\$620,224,324



**Ratio of Funding- SOI & SO Bharat**



CRG = \$ 100,000  
 SOI = \$ 991,600 (Much Appreciated)

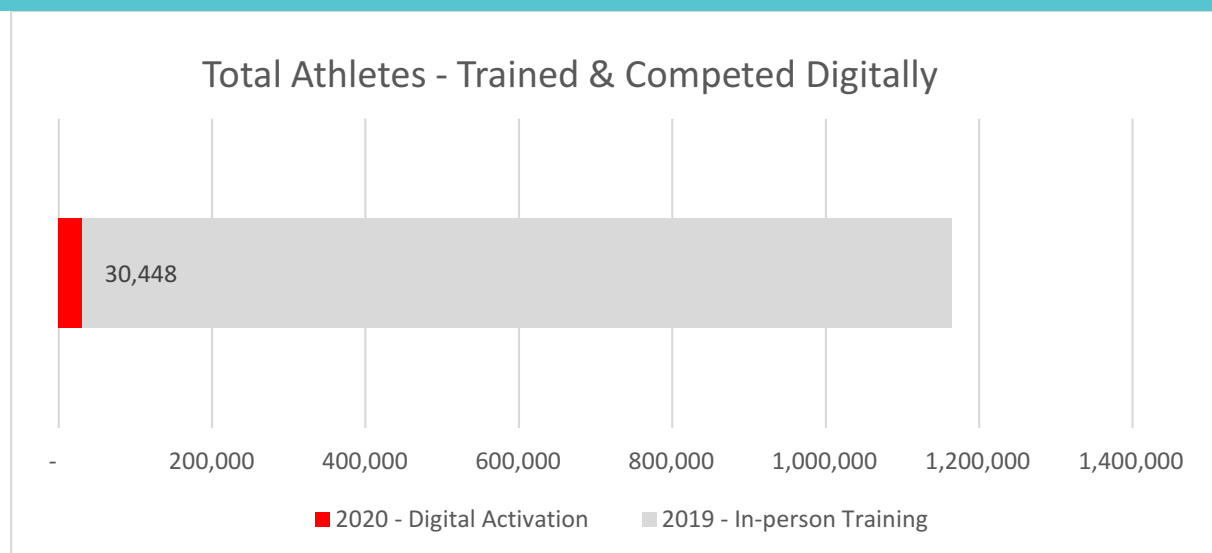


*"Continue to focus on quality. Continue to ensure that the Athlete has a chance to be accepted- whatever the ability level is; ensuring that every Athlete has a chance to improve, to strive, to get a little bit better. Without quality the Special Olympics movement is a myth but with quality it's a transformation".*

**Dr Tim Shriver, Chairman, SOI**  
 His message to the Area Directors, during his visit to India in October 2017

## SO Bharat Reach 2019 & 2020

Metric	2,019	2,020
Total Athletes who Trained AND Competed, Athletes	1,164,194	30,448
Total Athletes who Trained BUT did NOT Compete, Athletes	586,744	159,779
Total Coaches (Certified and Uncertified), Coaches	150,326	14,788
Unified Totals Athletes and Partners, Athletes	279,747	82,646
Unified Totals Athletes and Partners, Partners	316,353	54,018
Total Unified Coaches, Coaches	22,155	9,875
Total Number of Competitions (traditional and Unified)	36,579	587
Number of Unified Competitions	5,381	112
Total number of Volunteers	91,968	59,211
Number of Youth Volunteers (aged 8-25)	54,440	26,176
Number of Athlete Leaders	5,220	189
Number of Youth Leaders (aged 8-25)	6,614	217
Total Number of Registered Family Members	271,926	271,926
Number of Family Leaders	11,146	487
Total Number of Schools Engaged in Special Olympics	934,468	34,398
Number of Unified Schools	93,219	33,987
Number of Unified Champion Schools	289	56
Total Number of Local Clubs/Programs	3,949	97
Number of Local Clubs/Programs conducting Unified Sports (excluding Unified Schools)	301	80





## SO Bharat participation in the Special Olympics World Games

### Special Olympics World Summer Games



Year	Place	Athletes	Coaches	HOD	Total	Gold	Silver	Bronze	Total
1987	USA	11	3	0	14	4	6	8	18
1991	USA	25	5	0	30	20	10	2	32
1995	USA	72	0	0	72	28	20	10	58
1999	USA	19	1	1	21	25	45	37	87
2003	Ireland	81	20	2	103	34	36	40	110
2007	China	139	42	3	184	36	45	67	148
2011	Greece	184	48	4+3	248	78	73	92	243
2015	L A	217	53	5	275	61	65	121	247
2019	Abu Dhabi	289	73	5	378	<b>85</b>	<b>155</b>	<b>129</b>	<b>369</b>



### Special Olympics World Winter Games

Year	Place	Athletes	Coaches	Hod	Total	Gold	Silver	Bronze	Total
1993	Austria	12	5	0	20	1	0	0	1
1997	Canada	0	0	0	0	0	0	0	0
2001	USA	12	5	1	18	0	0	1	1
2005	Japan	16	3	3	22	0	0	0	0
2009	USA	49	13	2	64	7	8	2	17
2013	S Korea	59	19	1	79	28	31	16	75
2017	Austria	89	23	1	113	<b>37</b>	<b>10</b>	<b>26</b>	<b>73</b>

Every day and all around the world, our athletes train and strive to achieve their very best. During the World Games, the entire Special Olympics movement comes together to see our athletes in action and celebrate their victories over huge odds. No other event in the world has the social and emotional impact of the Special Olympics World Games. For the athletes and their families, the experience opens doors to un-imagined possibilities. For volunteers, coaches, and other supporters from all parts of the world, the Games inspire hope and belief in a brighter future of global acceptance, understanding, and unity <https://www.specialolympics.org/our-work/games-and-competition>

January -  
February 2020







450 Athletes from 19 countries participated in the Special Olympics Sweden Invitational Games in Östersund and Åre, held from 1-4 February 2020. Made possible by the support from the Erasmus+ programme of the European Union, the event featured four days of sporting competitions. During the Invitational Games, all competing athletes, as well as approximately one hundred people with intellectual disabilities from the Jämtland Härjedalen region, took part in the Healthy Athletes programme.

The Special Olympics Bharat delegation of 5 members (Two athletes, 2 Coaches and 1 HOD) joined the Host Town experience at STF Östersund Jamtli Museum Hotel at Östersund. They enjoyed the indoor and outdoor activities at the host town, joining contingents from Poland, Spain and Germany.

The Games were spread between Åre – with competitions in Down Hill Skiing and Snowboarding – and Östersund – with Short Track Speed Skating, Figure Skating, Cross Country Skiing and Snowshoe running.



Achieving my personal best





## Acclimatized Determined!

Tanshu & Rachna ,  
both 15yrs and  
from Haryana,  
won two Gold Medals  
and two Silver Medals  
respectively



The Athletes dived into a thrilling experience of drawing their own depiction of the Viking era pictures on canvas at the Host Town. Outdoor visits included a learning of the old Sweden houses, animals and livings. Mr. Suresh Kumar, the first secretary Embassy of India, Stockholm, Sweden was very kind to come over and meet with the SO Bharat contingent



In preparation of the Special Olympics World Winter Games earlier slated to be held in Sweden, National Coaching Camps were held in Floorball and in Snow Sports in Bilaspur and Narkanda, Himachal Pradesh respectively.

19 Male and 17 Female teams participated the camp in Bilaspur. The Opening Ceremony was graced by the Chief Guest, Mr. Harendra Singh, Minister of Irrigation Govt of Himachal Pradesh

The Highland Adventure Institute partnered with SO Bharat to conduct the NCC Snow Sports, providing expertise and equipment. Narkanda boasts of appropriate infra structural facilities required for conduct of Snow Sports, having been venue for most of the Snow Sport camps.

The meticulous process of issuing sport equipment went on for over hours and a half with three stations set up for the purpose. Along with the correct size the ability of the Athlete to carry the equipment with himself/ herself is considered an important criterion. Snow boards, Snow shoes as well as Alpine skis weigh around 5kgs or more with Alpine skis being a set of 3 components. While the correct size impacts performance, having being able to carry the equipment ensures safety of the participant in a situation of a fall or any such accident.

This is the first time that athlete and coaches had 24 days intensive training camp to enhance their sport skills and techniques through well qualified, trained and experienced resource persons. The first week Alpine skiing sessions included walking on skis progressing to sliding, balancing and stopping. The Coaches had earlier in the year received training in ACTP. The Athletes were trained in straight snow ploughing techniques, snow plough turns technique and stem turns technique on the 2nd Week and respectively. And in third week they practiced about the competition techniques and skills.

In Preparation of the Special Olympics World Winter Games to be held in Kazan Russia 2022



NCC Floorball  
5-10 Jan 2020

NCC Snow Sports  
11 Feb - 5 March 2020

देश भर के 60 स्पेशल खिलाड़ी ले रहे भाग

## नारकंडा में स्पेशल ओलंपिक का ट्रेनिंग कैंप शुरू

कुमारसैन, 12 फरवरी (राकेश मेहता) : किला हिमालय की पर्वत नगरी नारकंडा में स्पेशल ओलंपिक भारत द्वारा आयोजित निर्धर में 60 स्पेशल खिलाड़ी को खेलों का प्रशिक्षण ले रहे हैं। स्पेशल ओलंपिक वर्ल्ड विंटर गेम के लिए स्पेशल खिलाड़ियों का यह प्रशिक्षण निर्धर पांच मार्च तक चलेगा। जिसमें देशभर से आए खिलाड़ियों को प्रशिक्षित किया जाएगा। स्पेशल ओलंपिक हिमाचल एरिया डायरेक्टर हरिश्चंद्र माहोदय, स्पोर्ट्स डायरेक्टर सुनील वर्मा, कैप्टन इंचार्ज राकेश वर्मा, प्रोग्राम मैनेजर अजय शर्मा ने बताया कि कैंप में देश भर से चर्चित खिलाड़ी स्कीइंग, सो बॉडींग, सो हबुग, एलवान स्कीइंग का प्रशिक्षण दे



स्पेशल ओलंपिक में भाग लेने वाले खिलाड़ी प्रशिक्षण निर्धर के दौरान सांख्यिक चित्र में।

खेले हैं। प्रशिक्षण के बाद 2021 में होने वाले वर्ल्ड विंटर गेम के लिए स्पेशल ओलंपिक वर्ल्ड विंटर गेम के लिए स्पेशल खिलाड़ियों को शर्ट लिस्ट किया जाएगा। यहाँ 16 फरवरी तक कोचिंग

उठा सकेगा। बताया चले कि स्की स्लैप धोमड़ी को खेलों के लिए उपयुक्त स्लैप है। जहाँ पर राष्ट्रीय स्तर के कैंप के साथ-साथ सो खेलों की प्रशिक्षणकर्ता भी आयोजित की जाती है। जिसमें देशभर से खिलाड़ी आकर अपनी प्रतिभा का प्रदर्शन करते हैं। स्की स्लैप धोमड़ी से कई युवा स्कीइंग की खोजें कर रहे हैं। इसके अलावा बड़ी संख्या में स्कीइंग और स्नोबोर्डिंग भी धोमड़ी आकर बर्फ की खेलों का अन्वेषण करते हैं, जिससे यहाँ पर स्नोबोर्डिंग युवाओं को खेल के साथ-साथ रोजगार के अवसर भी प्राप्त हो रहे हैं।





SNOW  
SPORTS







## Floorball





## National Coaching Camps and Advanced Coaches Training Programs



Goa- Floorball



Delhi-  
Power  
Lifting







## Punjab- Table Tennis



## Andhra Pradesh-Floor Hockey



## Karnataka- Cricket & Floorball







## Maharashtra- Swimming



## Telangana- Roller Skating





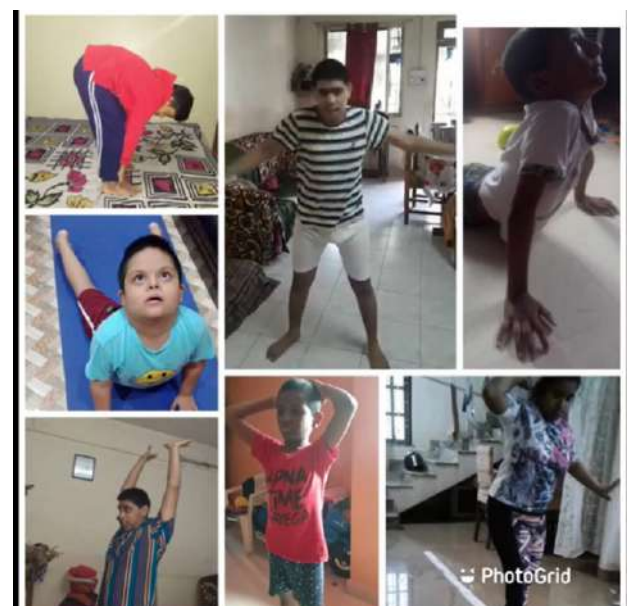


# Developmental Sports

With the support of Herbalife Nutrition SO Bharat launched Developmental Sports, that provides an age-appropriate introduction to sports for children with and without intellectual disabilities, ages 6-12 years old. While children can participate in the Special Olympics Young Athletes through age seven, as children get older, they are often ready for more sport-specific coaching and instruction.

The activity period started April 2020 to introduce and establish in 30 districts across 17 States of India. The implementation of the program will include , Teachers' and Coaches training,to increase children and youth participation in sports and physical activity and enhance the capacity of schools and local organizations to provide adequate and relevant services to deliver a meaningful impact. The year 2020 witnessed the program unfold, both, on ground as well as virtually.A Coaches training Camp was held in Delhi in February 2020, followed by virtual and home-based and local school sessions in controlled numbers.

The initiative, continued as did the commitment of Herbalife Nutrition for the betterment of Athletes with Intellectual Disability, regardless of the testing times of Covid19



## SNIPPETS



Rock Climbing, Ziplining, trolling, monkey crawling, climbing and rappelling is how the day unfolded for the Athletes in **Assam** who joined an adventure group, a camp organized by the Assam Mountaineering Association (AMA) in Guwahati.

Rohan Ho, a Floorball Gold Medalist from the Austria Games 2017 took the lead amongst the Athletes, also readily assisting and in a way, leaving a mark with the organizers.



In **Delhi** Athletes, Youth leaders, families and Coaches joined thousands of walkers at Rajpath New Delhi this wintry morning at the Cansupport's 13th Walk for life – Stride against Cancer.

The Walkathon is organized to create awareness about cancer, honour those battling cancer promote a healthy lifestyle and raise funds for the care of people suffering from cancer.

"I am very happy to be a part of this event. We must reach out and understand other people's problems too and help them. We must help each other" - Aarushi Sharma, Athlete Leader SO Bharat Delhi



Prajwal Lobo Powerlifting Gold Medalist from the Abu Dhabi Games 2019 and Mr Satish Pillai, the then Chairman SO Bharat supported and participated in the Sahyadri 10K run held in Mangaluru, Karnataka. Witnessing participation of about 10,000 runners, it aimed to draw attention to the five areas of total fitness — physical, mental, intellectual, social and spiritual making sports an integral part of student curriculum



The UN Convention on the Rights of Persons with Disabilities (UNCPRD) and the WHO World Report on Disability have helped to change views of people with disabilities as objects of charity to viewing them as equal members of society who should be as self-reliant as possible.

Encouraging Athletes to participate in experiences beyond sports, with persons without Intellectual Disabilities would help increase confidence and ability to succeed in life. Increased multiple engagements is expected to change attitudes to create inclusion in schools, communities and society at large





# HEALTH

A team of 15 professionals screened 80 Athletes under the leadership of Dr. Vinay S., MDS, Reader, Department of Public Dentistry, KIDS (Kalinga Institute of Dental Science). The screenings were carried out by the House Surgeons led by an Associate Professor.

A total of 52 patients were treated for various dental issues in the fully equipped mobile van present at the site. The professionals extended awareness and counselling services to some of the parents and all the staff members of the special school for the children with Intellectual Disability.

16 Athletes played a special match with the Indian Orthodontic Society Presidents X1 adding a twist to the fourth edition of the Orthodontist Premier League. Students and orthodontists from 10 Dental Colleges in the country participated in a unified cricket match in Bangalore Karnataka.

The oral health screening with special emphasis to orthodontic needs of our athletes was done. The 16 athletes screened will be provided orthodontic treatment at the dental colleges closest to their homes/schools. It may be significantly recalled that SO Bharat entered a Memorandum of Understanding (MoU) with the IOS (Indian Orthodontic Society) on the occasion of their 54th National Conference in November 2019 for a period of five years.

## Orthodontic Premier League, Bangalore Karnataka







Cancer Awareness at Asha Kiran,  
New Delhi



Dr Akash Dua, Head Dental NDMC , addressed the caretakers of Asha Kiran educating them on self-check on Oral and Breast Cancer and Cancer of Cervix of the Uterus. Dr Udgil Bhandari, Breast Onco surgeon from NDMC and Dr Nandika Babele, Oral cancer, were the faculty at the program

Inclusive Health- Awareness  
Chattisgarh



Dr Aditi, Clinical Director ,Special Smiles monitored the screenings in Chattisgarh along with driving all the Athletes, Coaches, Special Educators, Clinical and Non Clinical Volunteers to pitch in ' Each for Equal' on the



International Women's  
Day





The program aimed at bringing a renewed focus towards mobilizing volunteers and local communities nationwide to support the Special Olympics athletes- both on and off the field of play



To celebrate the successful partnership shared by Special Olympics Bharat, Lions Clubs International through the Aruna Abhey Oswal Trust, a two-day Youth Activation Workshop was held by the Youth Leaders of SO Bharat at the PHD Chamber, New Delhi as well as the YMCA Tourist Hostel New Delhi from 24-25 January 2020. Supported by 77 volunteers, mentors and family members, the event witnessed participation of 87 Youth leaders with and without Intellectual Disabilities from 16 States including LEOs from 9 districts of India

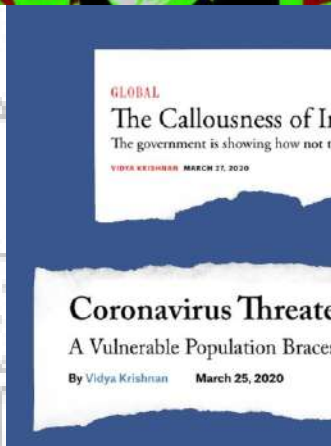
Over two years ago, SO Bharat were selected to carry out a program called MISSION INCLUSION for a period of three years. In sync with the Special Olympics global strategy, the program reached out to more than Eighty thousand Athletes, Partners, Families, Youth and Doctors through Unified Sports, Youth Activation and Healthy Athlete Programs having achieved over 90% of the target while still to complete the performance period of the project. .


The Opening function was held on the Friday 24th of January 2020 at the LakshmiPat Singhania Auditorium, PHD Chamber of Commerce & Industry, Hauz Khas, New Delhi. The function reached out to over 200 distinguished guests, Special Olympics officials, Media persons and the participants of the workshop

The Chief Guest was the Olympic medalist Vijender Singh while H.E. the Ambassador of Ecuador, Mr Hector Cueva Jacome and Dr Lion Naresh Aggarwal Past International President, Lions Clubs International were in attendance as well



# Confronting the Coronavirus





## 9 CALLS TO ACTION

**BY PM MODI**  
IN HIS ADDRESS  
TO THE NATION

**At 5 PM on 22nd March 2020, the day of the Janta Curfew, from your homes, express gratitude to those working round the clock to keep India healthy (such as doctors, nurses, paramedics, municipal staff, armed forces, airport staff).**

**Press Information Bureau  
Govt. of India**

Dated: 19.03.2020

No scheduled international commercial passenger aircraft shall be allowed to land in India from March 22, 2020 for one week.

State Governments shall issue appropriate directions so that all citizens above 65 (other than for medical assistance) except for public representatives/govt. servants/medical professionals are advised to remain at home.

Similarly all children below 10 should be advised to stay at home and not to venture out.

Railways and civil aviation shall suspend all concessional travel except for students, patients and divyang category.

States are being requested to enforce work from home for pvt. sector employees except those working in emergency/essential services.

To reduce crowding all Group B and C Central govt. employees will be asked to attend offices on alternate week and staggered timings for all employees.



In view of the Coronavirus continuing to spread, March 2020 saw an unexpected and a complete lock down of outdoor activities. Special Olympics International strongly advised all Special olympics programs to suspend all sport training and competition activities.

The Govt of India ,Special Olympics International and the Regional office (Asia Pacific)continued to monitor the situation closely extending regular guidance to steer through the pandemic with judicious conduct.

## Acclimatizing to the *New Normal*

On 7 April 2020, Special Olympics International held the first Global Webinar, inviting the programs from all over the world to congregate virtually to discuss the changed scenario in the face of the pandemic. The weekly webinars brought the Special Olympics Community together to continue witnessing the abilities of the Athletes unfold while also have the distinguished representatives from the fields of Health Care, Sports, Media and more, present a comprehensive status of the global situation from time to time . The Webinars were led by Dr Tim Shriver , Chairman SOI and by Ms Mary Davis, CEO SOI.

On 20 October 2020, SO Bharat was invited to share its best practises in strengthening local programming. Ms Mukta Narain Thind , National Director, SO Bharat presented the partnership with Amity University UP, India as a successful model of a Unified Champion School. The Webinar also had Shivam Verma, Youth leader with ID and Mohammad Kaif , Youth leader without ID to share their story and impact of engaging with each other

The Global Webinars continued to keep the Special Olympics movement connected throughout the year



Special Olympics Asia Pacific (SOAP) designed webinars to look at how the region would keep Special Olympics moving throughout the COVID-19 outbreak

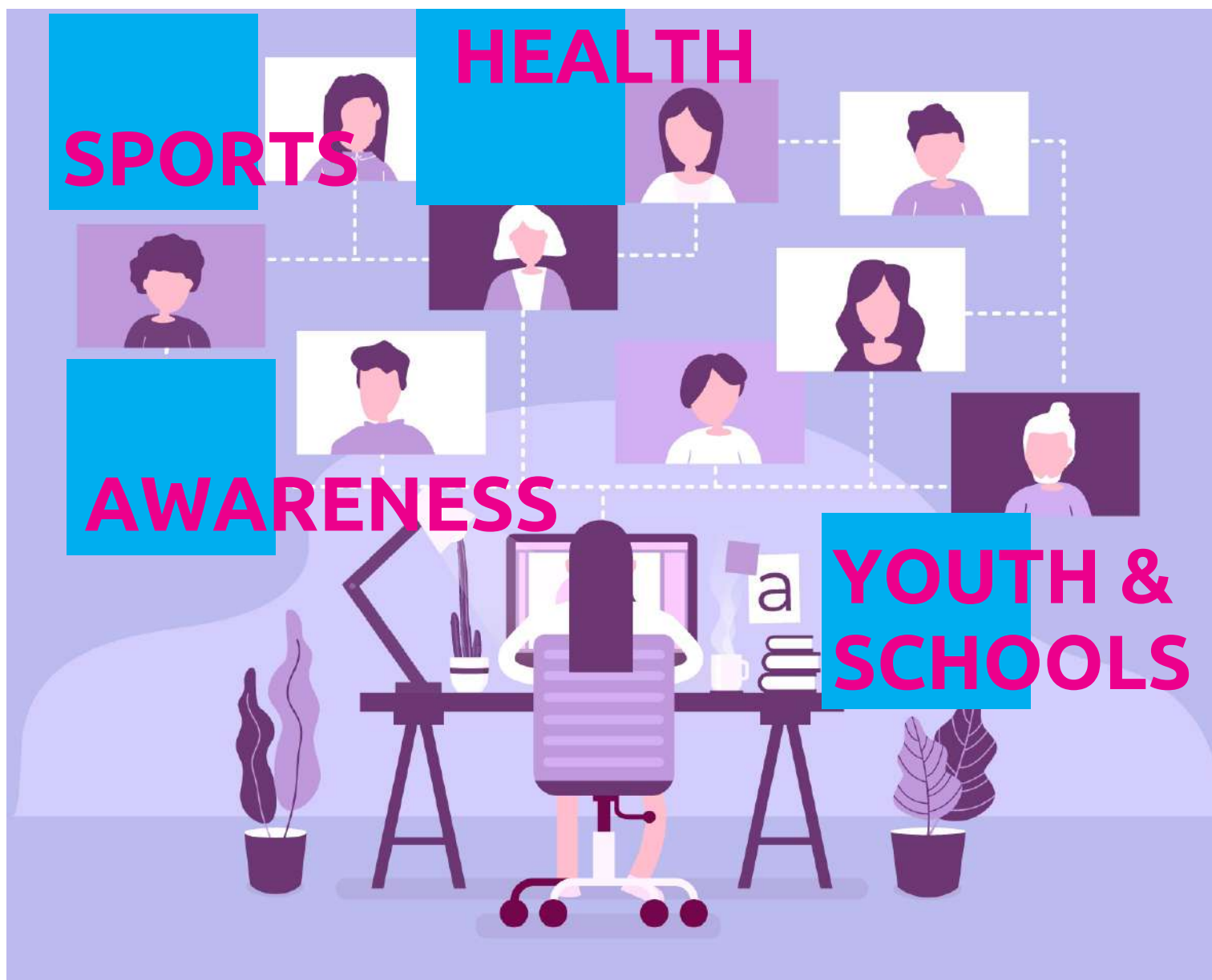
Each Webinar focused on a specific key area across Sports, Health, Youth leadership , Communication . The Webinars continued to keep the Athletes and the youth engaged across different activities and campaigns through the 'How To' Webinars

The virtual engagements multiplied and extended to showcasing talents of the Athletes beyond sports





## VIRTUAL REALITY 2020



182 Webinars were conducted between March and December 2020 supported by the National office

**SO Bharat Webinars  
AWARENESS SPORTS HEALTH  
YOUTH & SCHOOL**

Name	Date	Description
SO Bharat- UP	29 April 2020	SNF- Teachers & Coaches
SO Bharat- Webinars Series	1- 6 May 2020	#1- Intellectual Disability   #2- SO Unified Sports   #3- Health   #4- SO Inclusion   #5- Mental Health   #6- Digital Resources for Special Athletes
SO Bharat- Gujarat	3 May - 7 June 2020	Young Athletes At Home
SO Bharat- Gujarat	8 May - 15 May 2020	Gujarat Online Seminar
SO Bharat- Punjab	8 May - 17 May 2020	Table Tennis, Social Role Volariztaion ASD, RPWD Act 2016; Young Athletes; Inclusive Education ; Yoga
SO Bharat- Webinar	12 & 14 May 2020	Yoga - Introduction & Demo
SO Bharat- UP	13 May 2020	SNF- Virtual Unified Sports
SO Bharat	15 May & 21 May 2020	Interaction With Athletes & Coaches
SO Bharat- Gujarat	16-19 May 2020	Online Badminton Training Camp
SO Bharat	22-25 May 2020	Unified Sports Activity Competition: The sporting activities would be conducted at home with the siblings and the family members. Filmed and submitted with the Sports department. Results will be announced on 31 May 2020
SO Bharat- Rajasthan	24-28 May 2020	24 May- Keeping Fit & Healthy- Young Athletes; 26 May- Developing Athlete Sport Skills ; 28 May- Mental Health & Behaviour
SO Bharat	29 May; 9 June , 18 June & 30 June 2020	Virtual Mentor Interaction/ Training
SO Bharat- UP	30 May 2020	Special Olympics Virtual Unified Skipping Championship supported by SNF
SO Bharat- Himachal Pradesh	30 & 31 May 2020	Interaction with Athletes & Coaches HP
SO Bharat	1-19 June 2020	Promoting Safe Sports Post Lockdown
SO Bharat	2 June 2020	Floorball Coaches Training Steen Houman, Board International Floorball Federation
SO Bharat- Punjab	3-6 June 2020	3 June - what can we do with a Special Child during Lockdown; 4 June Communication; 5 June Group Divisioning & Unified Sports; 6 June Interaction with School Principals & Coaches
SO Bharat	9 June 2020	Turbo- Javelin Coaches Training
SO Bharat- Gujarat	15 & 16 June 2020	Warm up & Cool down exercises
SO Bharat	19 June 2020	Talk Show by the National Youth Activation Committee
SO Bharat- Uttarakhand & UP	20-27 June 2020	Virtual Unified Skipping Championship (Round 2)
SO Bharat - Punjab	21- 23 June 2020	21- Yoga on the International Day of Yoga   22 How to deal with Anger in Children during Lockdown   23- Lesson Plan for Group Teaching & Objective
SO Bharat- Haryana	22 June 2020	Promoting Safe Sports post Lockdown - Table Tennis
SO Bharat- Bihar	23 June 2020	Basic Fitness for all
SO Bharat- Himachal Pradesh	23 June 2020	Virtual Skipping Championship
SO Bharat- Uttar Pradesh	27 June 2020	Virtual Unified Basketball Dribbling Competition

SO Bharat	2-25 July 2020	Special Olympics Dance Sport
SO Bharat	4, 11, 18, 25 July 2020   1, 8, 15, 22, 29 August 2020	Saturday melodies
SO Bharat	17, 22 & 28 July 2020	Javelin Webinar for the Coaches
SO Bharat	24, 27, 29 July 2020	MATP (Motor Activity Training Program)
SO Bharat - Gujarat	26 July 2020	Table Tennis Championship
SO Bharat- Punjab	27 - 31 July 2020	Physical Literacy with ELMS Foundation
SO Bharat - West Bengal	28 July 2020	Celebrating Abilities
SO Bharat	31 July 2020	Physical Literacy
SO Bharat- UP	1, 8, 15, 22 and 29 Aug 2020   Every Saturday	Professional Series Webinar
SO Bharat	2 August 2020	Sports for Social Change with ELMS Foundation
SO Bharat	5 August 2020	Performance Station Workshop
SO Bharat	7 August 2020	Mindfulness During Lockdown
SO Bharat- Gujarat	7 & 8 August 2020	Coaches Training in Basketball
SO Bharat	10 & 11 August 2020	Floorball Referees Training
SO Bharat West Bengal	14 August 2020	NEW EDUCATION POLICY & WHAT IT HAS FOR PWD
SO Bharat	17, 18, 19 August 2020	Skill Development : Basketball Football, Cricket level-1
SO Bharat- Himachal Pradesh	21 August 2020	Reaching The Unreached
SO Bharat- Gujarat	24 - 26 August 2020	Samagra Shiksha Abhiyan Training Program
SO Bharat- UP	29 August 2020	Mashvara by Manovikas- SO Unified School Program
SO Bharat	2,3 & 4 September 2020	Skill Development :Basketball, Football, Cricket level 2
SO Bharat	7 & 8 September 2020	Tennis Coaches Training
SO Bharat	9 September 2020	E Pathshala Initiative of SAI & AIFF
SO Bharat- Gujarat	10, 11, 12 September 2020	Handball Online Training Program
SO Bharat - UP	12, 19, 26 September 2020	Professional Series Webinar
SO Bharat	21 & 22 September 2020	Coach Assistant Training
SO Bharat	23 September 2020	Launch of Developmental Sports supported by Herbalife Nutrition
SO Bharat- Gujarat	23-25 September 2020	Samagra Shiksha Online Seminar
SO Bharat	24 September 2020	Meditation Session
SO Bharat	24 & 30 September 2020	Dance Sport Competition
SO Bharat- Himachal Pradesh	25 September 2020	Virtual State Basketball Competition
SO Bharat	10, 12 & 15 October 2020	National Youth Leadership Summit 2020 (Virtual)
SO Bharat	19 October State Leaders   27 October Inclusive Youth	Media Training Workshop
SO Bharat	26 and 28 October 2020	Coach Assistant Training
SO Bharat- Haryana	30 October 2020	Youth Leadership - Unified Sports
SO Bharat	2 December 2020	Event on International Day of PWD - National Sibling Forum
SO Bharat	3 December 2020	Yoga Competition
SO Bharat	4 December 2020	Fitness Challenge Competition



Name	Date	Description
SO Bharat- Delhi	11 June 2020	Family Health Forum Food, diet and nutrition: Nutri vigilance during COVID 19 pandemic.
SO Bharat- Delhi	13 June 2020	Family Health Forum : Role of physiotherapy during COVID19.
SO Bharat- Delhi	22 June 2020	Family Health Forum : Eye Hygiene tips during Covid Era
SO Bharat- Haryana	25 June 2020	FHF: Oral Hygiene and Care
SO Bharat- Gujarat	9,10,11 July 2020	Online Family Forum & Awareness
SO Bharat- Gujarat	27, 28 & 29 July 2020	Family Health Forum
SO Bharat & ICD	2 August 2020	Celebrating Inclusion With ICD
SO Bharat West Bengal	5 August 2020	Oral Health Care of Children with Special Needs during the Covid 19 pandemic
SO Bharat- Chattisgarh	28 August 2020	Immunity & Nutrition
SO Bharat with IDA (Indian Dental Association)	29 August 2020	Centenary Celebrations of EKS and Modern Dentistry





## SPORTS

The Sports Authority of India, Ministry of Youth Affairs & Sports held live sessions on their Facebook page. to keep the Sporting fraternity engaged in a positive manner while continuing to enhance their knowledge across healthy Sports ecology, including fitness, sports technology, sports ideologies, nutrition etc

Drawing inspiration from the activity, many Special Olympics Athletes , Coaches and Youth leveraged their respective Social Media platforms to encourage friends and acquaintances to join the fitness drive in a virtual world. Shrey Kadian, the Athlete leader from New Delhi, SO Bharat got motivated and threw a few physical fitness challenges on his Facebook page drawing many of his co-Athlete leaders, Mentors and Coaches to take up the challenge. Aakriti Gupta , a sibling leader from Jammu encouraged her brother Alankar, a Special Athlete, to join live session with Ronak Gajjar, and they have introduced pranayam in their daily schedule.

Having attended a session on 'Process driven return from an injury' , Mr C Rajasekhar , Area Director, SO Bharat Andhra Pradesh & Telangana, requests to have another session on the subject as it is of vital importance. When an Athlete is injured on the field, before the Paramedics can arrive, it is the Coaches and the officials who are present there, who can be of immediate help. Mr Rajasekhar is amply appreciative of the ongoing live sessions. Through a session of Mr Gopichand (Badminton), Ms Rekha Kashyap, SO Bharat Coach from Punjab carries the profound learning of the importance of Sports for the development of each and every citizen, and not just a platform to win medals





The First Webinar Series – by SO Bharat  
in collaboration with the Sports Authority of India

## SPEAKERS

Dr Amitav Mishra  
General Secretary  
SO Bharat



Mr Victor R Vaz  
National Sports Director  
SO Bharat



Dr Reena R Kumar  
Regional Clinical Advisor  
SOAP



Mr Dipak Natali  
President & Managing Director,  
SOAP



Ms Chitra Shah  
Founder Satya Special School  
Puducherry



Ms Mukta Narain Thind  
National Director-OD,  
SO Bharat



## Opportunities and Challenges in Training Special Athletes during COVID -19



To address challenges and opportunities for the Special Athletes during the Covid 19 lockdown period Special Olympics Bharat conducted a series of Webinars from 1-6 May 2020 in collaboration with the Sports Authority of India. All six days addressed a different topic presented by experts from specific fields with an average attendance of around 300 viewers from 11 countries including India.

The Webinars were successful in spreading awareness and enhancing sensitization across a diverse population. While the experts drew attention to 'Intellectual Disabilities', Health Challenges, Unified Sports, Inclusion and resources available for the Special Athletes, few Athlete leaders from different states of India expressed their thoughts on the ongoing crisis, exhibiting confidence that substantiates their successful journey through sports

**Ms Radhica Sreeman**, Executive Director (TEAMS), Sports Authority of India:

"Special Olympics Bharat is doing Yeoman service for the differently – abled children. The painstaking effort taken by them will go a long way in developing the skills of the special children and make them an acceptable part of the society."

Special Olympics Bharat also rolled out a series of nine Webinars from 1 to 19 June 2020, reaching out to over 200 (average) viewers each day. The topics, included harnessing technology in developing sports, promoting Non-contact sport and protecting Mental Health during the current outbreak.

While the experts drew attention towards the process of promoting safe sports, few Athlete leaders from different states of India expressed their thoughts on the ongoing crisis and also sharing their experiences and fitness schedules throughout the lockdown and the precautions to be taken as the sports field opens gradually. Each day saw the presence of a renowned personality from the world of sports and Television

**Air Marshal Denzil Keelor**, Founder Trustee & CEO of Special Olympics Bharat said:

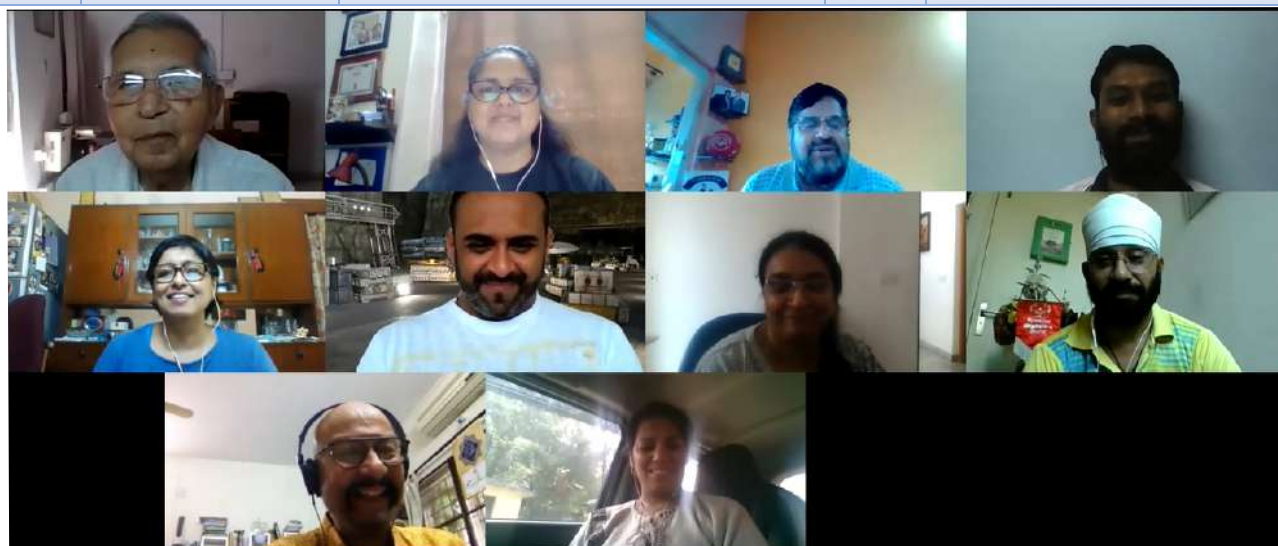
"This is the new normal. I must say that a positive aspect is that connecting with each other has become easier than ever. Distance does not matter. Leveraging this perspective and making it a strength of SO Bharat Athletes is what all our current endeavors are directed to"



A series of nine Webinars were rolled out from 1-19 June 2020 across diverse subjects, reaching out to over 200 (average) viewers each day from India Singapore UAE USA Pakistan Germany & Sri Lanka. The topics, in conjunction with the current scenario included, harnessing technology in developing sports, promoting Non-contact sports and protecting Mental Health during the current outbreak. The Series was an endeavor of SO Bharat in collaboration with the Sports Authority of India

While the experts drew attention towards the process of promoting safe sports, few Athlete leaders from different states of India expressed their thoughts on the ongoing crisis and also sharing their experiences and fitness schedules throughout the lockdown and the precautions to be taken as the sports field opens gradually. Each day saw the gracious presence of a renowned personality from the world of sports and Television

Date	Resource	Topic	View ers	Participating Countries
1 June	Dr Lina Bardhan & Mr Bibek Bardhan	Building Relationship with Parent & Communities	226	India Singapore USA and Pakistan
3 June	Dr Amitav Mishra	Harnessing Technology in Developing SO Sports	210	India UAE USA and Pakistan
5 June	Dr Manisha Vyas	Build Your Nutritional Strength and Immunity	205	India Sri Lanka UAE USA and Pakistan
8 June	Dr Reena R Kumar	Guide to better Oral Health	151	India Singapore UAE USA and Pakistan
10 June	Ms Namrata Menon	Yoga for Physical & Mental Fitness, Firmness & Flexibility	169	India UAE USA Pakistan, Mongolia
12 June	Ms Sulekha Rana	Promoting Non- Contact Sport	264	India Singapore UAE USA and Pakistan
15 June	Dr Ajit Kumar	Developing Skills- Football & Volleyball	251	India UAE USA Pakistan,
17 June	Mr Vinod PG	Developing Skills- Netball & Basketball	203	India Singapore UAE USA Pakistan Germany Sri Lanka
19 June	Ms Chitra Shah	Protecting Mental Health	217	India Singapore UAE USA and Pakistan



In a series of webinars run by the Sports Authority of India (SAI), throughout the month of June, Dr. Usha Nair, Associate Professor, LNCPE, invited Special Olympics International to present the 'Sports for Inclusion' program to the registered attendees (13,000+ Community Sport Coaches and Physical Education Teachers). Dr Fiona Murray and Mr Scott Gerson along with their guests from USA, Brazil and representatives from the SO Bharat National office rolled out sessions highlighting Special Olympics, inclusive coaching and inclusive physical education across two days.

## Sports for Inclusion



## COACHES TRAINING

### Floorball

Hosted by SO Bharat in collaboration with the International Floorball Federation, a training for Coaches was conducted by Mr Steen Houman, a Floorball educator & Board Member of the federation. The event saw participation of Dr Pradeep Singh who represented Floorball India along with the officials from the Special Olympics Asia Pacific Regional office. IFF and Special Olympics signed a partnership in 2012, in order to promote quality floorball for Persons with Intellectual Disabilities.

### Mini Javelin

SO Bharat held a Turbojav training session that introduced the equipment and the techniques reached out to approx. 200 Participants from India and beyond. The training was led by Mr Tom Petranoff, a three time Olympian and a two time world record holder in Javelin Throw. He is the founder of Throwing Zone Athletics (TZA) and the inventor of TurboJav. Mr Devender Jhaharia, Javelin World Record holder Paralympian, present at the occasion commented on the changing scenario in India,

### Football Odisha

Along with the Odisha Football Club, the State Chapter organised a Coaches Training. Aiswaryan, Sourav and Mahabir from the OFC led the Coaches training session, presenting fun ways of striking mind body coordination, improving decision making capacity of the Athletes etc. Sourav demonstrated moving the ball with changing direction and above all planning a session imparting more time to playing the game and lesser time to the technical aspects. "A player wants to PLAY, more than anything else".

"The sports field has become significantly Inclusive. Twenty years back, a Person with Disabilities was questioned on entering the sports field as that was clearly comprehended as a space beyond his/her capacity. The sports arena, today, welcomes and provides opportunities to all Persons with or without Disabilities"





## Sports and More



### Motor Activity Training Program

A Motor Activity Training Program Webinar in three phases, all held in July, for coaches and parents. It was led by Dr. Niamh-Elizabeth Mourton (nee Reilly) who was assisted by Ms Angela Lydon and Dr Sudeep Saxena from SO Bharat. The webinar presented demonstrations of utilizing relevant and easily available equipment to make the program compelling for the Athletes.

### Performance Station

Gwendolyn Apgar, Specialist, Fitness & Monica Forquer, Sr. Manager, Fitness from Special Olympics International, introduced a new concept of 'Performance Station'. The session highlighted the significance of the dynamic Warm-Ups and Cool-Downs as well. Performance Stations are events held at or near the field of play at tournaments or Games that educate and activate athletes and their supporters in the tenets of fitness: nutrition, hydration and physical activity.



### Sports For Social Change *In Partnership with the ELMS Foundation*

Over 630 viewers, mostly physical education teachers associated with the ELMS Foundation attended the National Webinar on 'Sports for Social Change' held on 2 August 2020. The sessions were led by Mr Bibek Bardhan, Mr. Victor R Vaz, Ms Annette Lync and Ms Sulekha Rana explicating Unified Sports, its philosophy and execution. The ELMS foundation aims to expand the reach of Sports to the marginalised segments of the society by upholding 'Physical literacy'.

### e-pathshala

**Coaches** from 17 States of India were trained in e-pathshala to support the Athletes below eighteen years of age, to access virtual football space. Epathshala is a web training module aimed at developing interest and creativity in football, to help the Athletes stay connected with the technical aspects of the sport as well as maintain physical fitness. Dr. Narendra Gangwar, Assistant Professor, SAI, LNCPE, Trivandrum, guided the trainees through the user-friendly virtual interface.



## UNIFIED SPORTS ACTIVITY COMPETITION

- The unified activity can be done with siblings and parents.
- The video of the activity has to be submitted to Special Olympics Bharat.
- For the winner of the 1st, 2nd and 3rd place, online e-certificate will be sent, followed by the trophy after the end of the lockdown.



Activity will be judged on the following basis  
Utilization of space  
Creativity  
Performance  
Co-ordination



Last date to submit the video of the activity is 25, May, 2020  
Results will be announced on 31, May, 2020

## Unified Sports Competition

An online Unified sport competition was organized by Special Olympics Bharat beginning 22 May 2020. The participants were given time until 25 May to submit their videos. The activity encouraged the Athletes to pursue any sporting activity with their family members as Unified partners. Approx. 300 + responses were received from 22 States.

An Evaluation team from the National Office observed the videos of the unified activities, giving points on the basis of Utilization of space, Creativity, Co-ordination and Performance

The Winners were declared on 31 May 2020:

1st - Nirvi from Maharashtra.

2nd - Aryan from Chandigarh & Yashika Bhatt from Delhi (tie).

3rd - Sonakshi from Maharashtra & Sidharth Kalsi from Delhi(tie).

A Yoga session for Special Olympics Athletes was held on 12th & 14th May 2020. The sessions were led by Ms. Namrata Menon, founder of the World of Yoga – Goa, and demonstrated Yoga as being a powerful medium for maintaining mental health and physical fitness during a period where low physical activity is expected to prevail. The webinar included an introduction to yoga, followed by a 45-minute demonstration by the trainer.

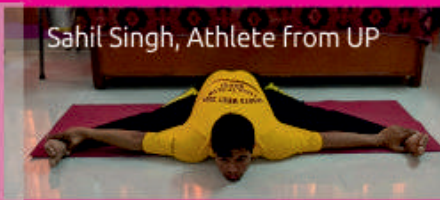
Stressing on the importance of regular Yoga practice for Special athletes, Ms Namrata Menon, Founder of World of Yoga- Goa says-

“Physical fitness is directly proportional to the extent of harmony between body and mind. Competitive Sports come with a lot of strains and stresses. I believe Yoga can immensely support the Athletes to be mentally equipped to perform to the best of their abilities”



International  
Yoga  
Day

Sahil Singh, Athlete from UP



Debolina Mahanta  
Athlete  
from  
Assam



Alankar Gupta, Athlete from Jammu





Mr. Coen Van Putten,  
Regional Manager Sports,  
Special Olympics Asia Pacific talked  
about future plans for the sport  
in the country:

"Tennis is not a big sport in the Asia  
Pacific region. However, SO Bharat  
has expressed interest in building  
inclusive tennis as part of their  
sports portfolio. At this stage, and  
due to the Covid-19 pandemic,  
we are looking at a rather focussed  
approach; that would eventually  
percolate to a wider outreach.

With close to 1.8 million athletes,  
an extensive and quality

sports infrastructure, a skilled workforce and a strong partnership network, I believe that SO Bharat has great  
potential to develop and grow inclusive tennis programming."

## Special Olympics Tennis

A tennis training Webinar opened a new chapter, adding the  
sport to the varied portfolio. The training was held for the  
coaches from 22 states of India and was led by Ms. Teresa  
Leitao, Director Sports & Unified Sports Special Olympics Brazil.  
Mr. Victor R Vaz, National Sports Director SO Bharat along  
with Mr. Coen Van Putten, Regional Manager Sports,  
Special Olympics Asia Pacific, collaborated to introduce the  
sport in India with an objective of preparing an Indian tennis  
team to debut at the Special Olympics World Summer Games  
to be held in Germany in 2023.

## Special Olympics DanceSport



A Virtual Special Olympics DanceSport  
competition was held between 2nd &  
25th July 2020. The Competition

concluded with the announcement of 39 awards in the solo category across Street Dance, Performing Art and  
Speciality was made by Dr Pierre Gider and his team members Ms Lorna Martin Fox & Ms Donna Dempsey  
Out of of 396 virtual dance entries received from 21 States, 269 (133 Male & 136 female) were shortlisted and  
sent to Dr Pierre and his team for assessments. The competition was held across five age groups & three  
dancing categories. The overall competition was open to a solo, duo or team routine with a specific duration of  
the video. Access to the Dance Sport rule book was provided, by the SO Bharat Sports department.  
The assessments were made on the criterion of Choreography Execution, Athleticism & Presentation. .

*"You have so much potential. This whole competition demonstrates your abilities.  
Dance is a wholistic health booster that maintains your physical and mental well-being.  
I am very happy to see the variety and the overall development of the sport in India"*

– Dr Pierre Gider, Global Advisor for Dancing; Chair of DanceSport of Special Olympics  
Resources Team



Saturday Melodies was a weekly program that encouraged the Athletes to bring out their singing talent on a virtual platform. Every session invited a guest singer from anywhere in India, who sang, engaged and shared thoughts and experiences with the Athletes and the viewers. Beginning 4 July 2020, it finally wrapped on 15 August 2020, in celebration of India's Independence Day, bringing out an explosion of the tri color in every home that pitched a singer.

## Saturday Melodies





# Virtual/In-Person Initiatives - STATES

## New helpline number out for persons with disabilities

**Disability Helpline**  
The Ministry of Social Justice and Empowerment has announced a new helpline number for persons with disabilities. The helpline number is 1800-120-0123. The helpline is available 24x7. The helpline is for persons with disabilities who are facing any difficulty in getting the services of the government. The helpline is for persons with disabilities who are facing any difficulty in getting the services of the government. The helpline is for persons with disabilities who are facing any difficulty in getting the services of the government.



**Bihar**  
Isolation Centres & Helpline for PWD  
Unified Competitions in singing, dancing, art and craft  
Session with the Families

**Chandigarh**  
Observing the World Environment Day  
Courtesy: Name of School

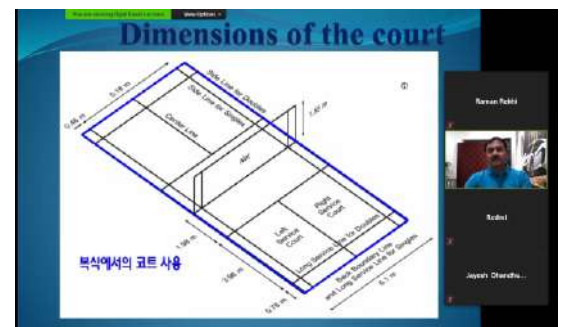


**Chattisgarh**  
Webinar: Resilience, Mindfulness & Well-being in the Present Scenario  
Webinar: Immunity & Nutrition  
Walk for Charity Inclusive Fashion Show presented by Aayinaa



Online session for the SSA Special Educators  
Virtual Table Tennis Championship  
Online Badminton  
Online Handball  
Young Athletes at home

## Gujarat



**Haryana**  
Youth Activation - Sports Program supported by SNF



## Rajasthan

Virtual State Games - Bocce and Cricket  
Webinars: Physical & mental Health







## Himachal Pradesh

Virtual Basketball

Virtual Skipping

Webinar: Skill Development, Rehabilitation & Empowerment of PWDs supported by Ministry of Social Justice & Empowerment

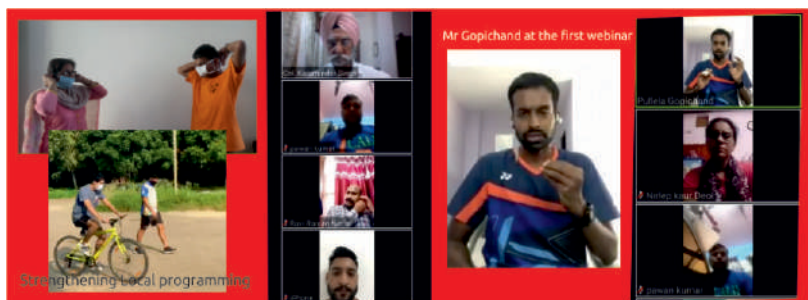


## Maharashtra

World Environment Day 2020

## Odisha

Felicitation of the Athletes by the State Government and the District Authorities on the National Sports day



## Punjab

Webinar on Physical Literacy with ELMS Sports Foundation  
Young Athletes  
Table Tennis  
International Day of Persons with Disabilities



We are all involved in a revolution. It's not a violent revolution, it's not an aggressive revolution; It is a revolution of the heart.  
A revolution that transforms the mind  
We are in a revolutionary conversion from one that sees label, colour, rank, class to one that sees the heart and courage and bravery.  
A revolution that sees all as valuable

- Dr Tim Shriver, Chairman, Special Olympics





## Tripura

International  
Day of Persons  
with Disability

## A Virtual Unified Skipping Competition-UP

supported by the  
Stavros Niarchos  
Foundation

### Dr Amitav Mishra , General Secretary SO Bharat and Chairperson SO Bharat- UP Chapter:

*"As our planned events of March and April could not happen due to lockdown; the youth leaders through a series of meetings and workshop came out with the concept of virtual Unified Sports. We provided complete support to the unified leadership to carry out the experiment.*

*It was too good to experiment the concept on 52 players in the presence of a large number of virtual viewers. The event not only engaged a large number of athletes in physical exercises, but also it connected with their peers without disabilities creating a large space in building an inclusive society"*

## Uttar Pradesh

Unified  
Skipping

Unified  
Dribbling

Professional  
Series  
Webinar

Unified Sports  
during  
Lockdown

Featuring  
in the  
37th episode  
of Mashavara,  
a live  
Consultation  
for Persons  
with  
ID/DD



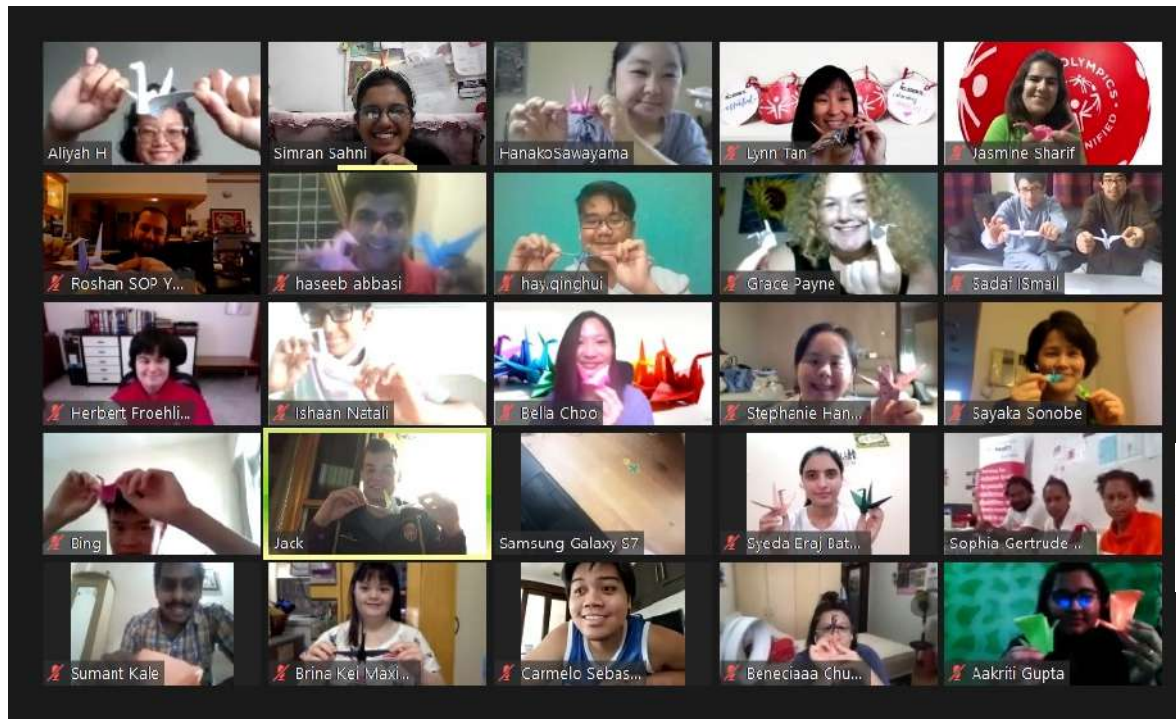
Amitasha N. Mishra and Sahil Singh, the Unified Pair (a pair of youth with & without Intellectual Disability) of Uttar Pradesh led an unexplored module of a Skipping Competition in May 2020 in the virtual space challenging the Athletes and their Unified Partners to face-off in a fairly new skill during the lockdown . Fifty two participants across eight teams from the five states of Bihar, Chhattisgarh, Delhi, Uttar Pradesh (UP) and Rajasthan showcased their best performance. The event was part of the SNF (Stavros Niarchos Foundation) supported program running across four states of India, namely, Uttar Pradesh, Uttarakhand, West Bengal and Haryana.

This event was organized by the SO Bharat- UP chapter garnering support from local partners as well- The Shriram Millenium School, Faridabad; Study Hall, Lucknow and Jeevandhara Rehabilitation Research Institute (Bareilly). The event amplified the message of Inclusion by combining Special Athletes with new Unified Partners, laying the foundation of new friendships. All participants were from diverse background whereas many were neo-digital users; however that did not stop them practicing together (digitally) participating in a competition which was completely backed by technology.

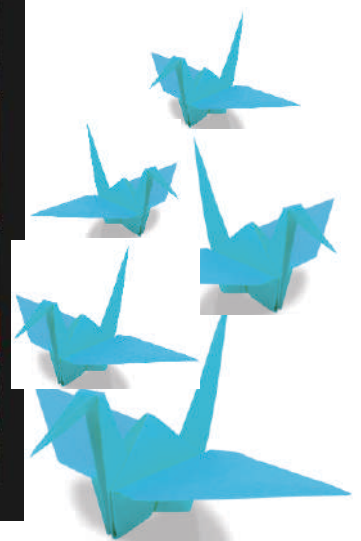
Two weeks of selections, practices and final submissions culminated in a virtual felicitation ceremony witnessed by an overall attendance of approx. 200 persons from India, Singapore, Pakistan and Indonesia. Heads of three National Institutes, working for persons with disabilities also present, representing the Govt of India.

The Special Olympics Asia Pacific initiated **My Normal- 100 Cranes for Inclusion**, a public awareness and fundraising initiative by aimed at surfacing common everyday issues faced by Persons With Intellectual Disabilities, which have now been experienced by many as their #newnormal because of the global pandemic

In India numerous cranes flocked Puducherry;1080 Cranes were made by the staff of the Aravind Eye Hospital Puducherry reading 'Distanced by Covid 19 , United by Hope' . The 'Alternative Inclusive Centre for Education' that opens doors for abandoned children including those belonging to persons who come in conflict with the law- churned out 93 cranes created by 54 students. Many Area Directors joined the youth in demonstrating their support in prayers of hope and healing



Spreading Awareness



## UNIFIED BY HOPE

A '1000 Cranes for Inclusion', connected the youth and communities all over the region in 'Hope & Healing'.

A Japanese legend that states every 1000 pieces forms a Senbazuru, a symbol of hope and healing during challenging times, having a strong relevance to the current global health crisis

The Athletes ,Youth leaders, volunteers, Coaches, families



## Puducherry hits the mark in one stroke

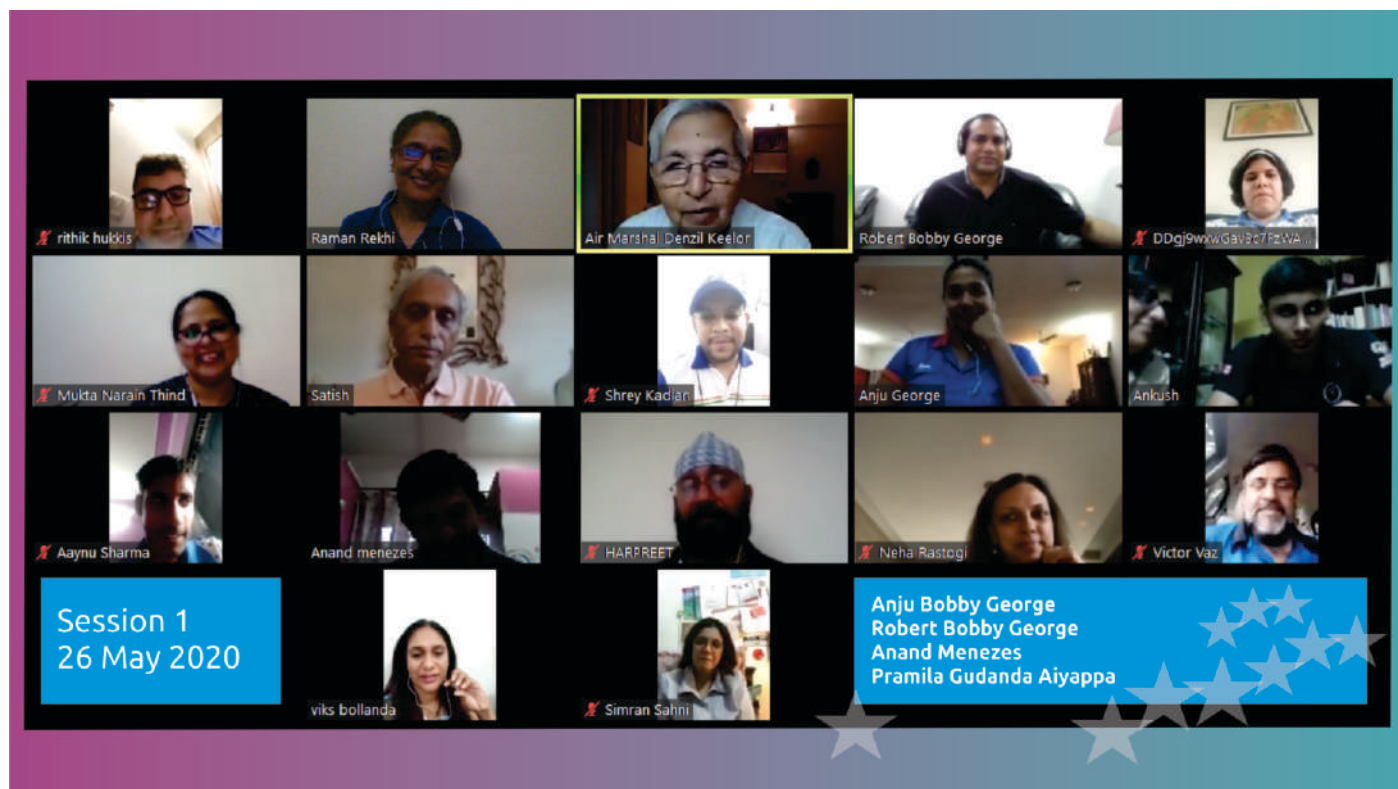
1080 Cranes dotted the Aravind Eye Hospital Puducherry screaming 'Distanced by Covid 19, yet United by Hope'. Embracing 'Hope and Healing' the Cranes flocked Puducherry with each passing moment as the relatable Japanese culture touched more and more lives there.

The 'Alternative Inclusive Centre for Education' that opens doors for abandoned children including those belonging to persons who come in conflict with the law- churned out over 100 cranes created by 54 students



## Interacting With the Celebrities

Special Olympics initiated a 'surprise and delight' for the Athletes globally, creating an opportunity that combined the celebrities and influencers with the Special Athletes through one-on-one chats, video chats or phone calls. SO Bharat held three sessions in May, June and July 2020 that combined a group of celebrities with a group of Special Athletes in an interactive model. A thought-provoking exchange between renowned sportspersons of India and the Special Olympics Athlete leaders made for interesting viewing as well, wherein questions were thrown by the Athlete leaders to each of the celeb sportspersons, triggering a conversation between them.



**Anju Bobby George** made history when she won the bronze medal in long jump at the 2003 World Championships in Athletics in Paris. She has been felicitated with the Arjun Award in Athletics & Padma Sri.

Rithik Hukku, SO Bharat Athlete leader from Rajasthan (Cricket) asked her

Q) Could you share with us the turning point in your sports journey?

A) Turning point was when I met Bobby. He is one of the best Coaches in India. I started sports at the age of 5, encouraged by my parents; and it became a way of life for me as I grew

Ankush Saha, SO Bharat Athlete leader from Karnataka (Golfer and a Runner), questioned: We all know that sports helps to improve physical fitness. Today I want to ask you, as a very experienced sportsperson, tell us, how does sports help to improve mental fitness?

Anju: It is difficult to perform on the world stage without inner strength. In competitions you are alone, standing in the stadium with a huge audience looking at you and you are representing your country. Along with your trainings you are gaining those capacities also. You don't really need to get trained separately in that.

Every Athlete is capable to endure the pressures. The fact that you have won medals at the World level, is a good enough indication that your mental strength is good enough

**Pramila Gudanda Aiyappa** is an Asian Games Medalist and an Indian heptathlete. Shrey Kadian, SO Bharat Athlete leader from Delhi (Softball, Football and Cricket) asked:

How can we connect the mainstream and the Special Athletes in sports? What would you suggest that the Athletes do to improve Public Speaking Skills?

Pramila: I can't see any difference between us. We are all ready for sports. It's just that we all do it in different ways. We can't compare. We are special in our own way. When we meet people, we should go with confidence and tell them our reality, our story and journey to this level.



Your experience will be a motivation to the others. Go with confidence. Speak with confidence and don't let yourself down



**Mr Bhaichung Bhutia** unfolded his sports journey owing his football inclination to a great extent, to an existing strong football culture in Sikkim. You and I, we both play and we understand that the greatest joy and achievement comes from playing for India. That in itself is a dream come true -

Mr Bhaichung Bhutia, Padma Shri & Arjun Awardee and a former Indian professional footballer in response to the questions asked by Madhurya and Rithik, the SO Bharat Athletes.

"I always enjoy Swimming in the open sea. Swimming is lovely" - **Ms Bula Chowdhary** (Padma Shri & an Arjuna Awardee), a former Indian National Swimming Champion, who has crossed the English Channel twice and has swum across sea channels off five continents. Beginning with

congratulating him on his recent achievement, her suggestion to KA Advaith, Aquatics Medalist from the Abu Dhabi Games 2019, was on ways of keeping physically & mentally fit when off water- training.



## Bhutia inspires Special Olympics Bharat athletes in virtual meet

NEW DELHI, JUNE 17: In conjunction with the global Special Olympics' 'Surprise & Delight' initiative for special athletes, Special Olympics Bharat held interactive sessions with some of India's most notable sport celebrities via a series of interactive online sessions.

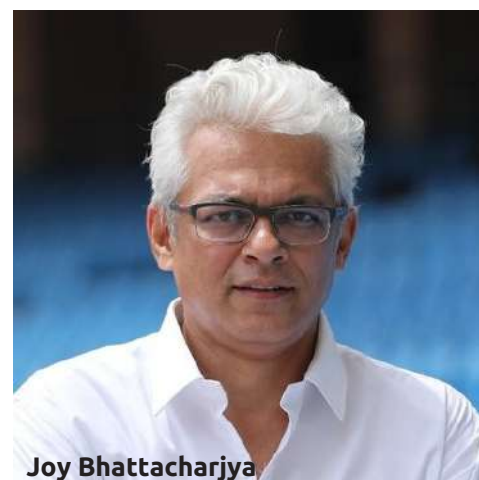
The virtual sessions revolved around various aspects of sports and inclusion, where the Special athletes were joined by the likes of former Indian footballer Bhaichung Bhutia, former Indian swimming Champion Bula Choudhury, seven-time Indian National Tennis Champion Gaurav Natekar and CEO of Pro Volleyball League Joy Bhattacharjya. In a previous session they also had the opportunity to interact with Athletics World Champion Anju Bobby George, Athletics coach Robert Bobby George, former Indian athlete Anand Menezes and former Indian heptathlete Pramila Gudanda Aiyappa.



These sessions enabled Special athletes and their parents to learn from industry stalwarts and share their own experiences, abilities and challenges around inclusion and the sporting culture in the country. It also gave them an opportunity to seek advice, ask questions and revel in the excitement of sharing a platform with key persons strengthening the sports ecology in India.

Bhaichung Bhutia, former Indian

footballer, interacted with the Special athletes and shared inspiring anecdotes from his journey as a footballer. He also highlighted the importance and benefits of playing a sport from a young age and encouraged the athletes to continue training well. In response to one of the questions about increasing popularity and participation in football in India, Bhaichung said, "It is great to see the youth following sports other than cricket. Thanks to live telecasts of European football, the sport is much more popular among kids now than it was 20 years ago. The need of the hour is to convert that interest into playing. Talent is there, but it is important for people to get their children to the grounds to play. We should organize more and more competitions at the grassroots level to encourage the youth and grow the culture of football and other sports in the country."



Joy Bhattacharjya

Sahil Singh, Athlete leader from UP, got curious and asked **Mr Gaurav Patekar** (Arjun Awardee), how he chose Tennis to be his sport when his father was a popular Badminton player. Mr Gaurav, a seven time National Tennis Champion, having represented India at the Davis Cup and Asian Games, and now a sports advisor to Corporates, candidly spoke about his inclination towards Outdoor sports and the support extended by his father to achieve his dreams.

**Mr Joy Bhattacharjya**, CEO Pro-Volleyball League, drew attention to the importance of inclusion and unified sports in schools, "Children don't just go to school to study. They also go there to socialize and do things together with their peers. Unified sports is just as important as academic integration. We need to provide practical, simple, step-by-step mandates to schools to help them build structures which enable unified sports."

Bobby George

Gaurav Patekar



Anand Menezes

### Messages from the Guests:

*We are all going through a difficult situation now. But continue to keep yourself fit in any way that you can, at home. Don't worry about the situation*

*Download apps to keep yourself fit, do meditation*

*This is an extraordinarily long break that any sportsperson has ever experienced*

*Take Rest, Enjoy with your parents, with your families*

*Human race is amazing we will bounce back*

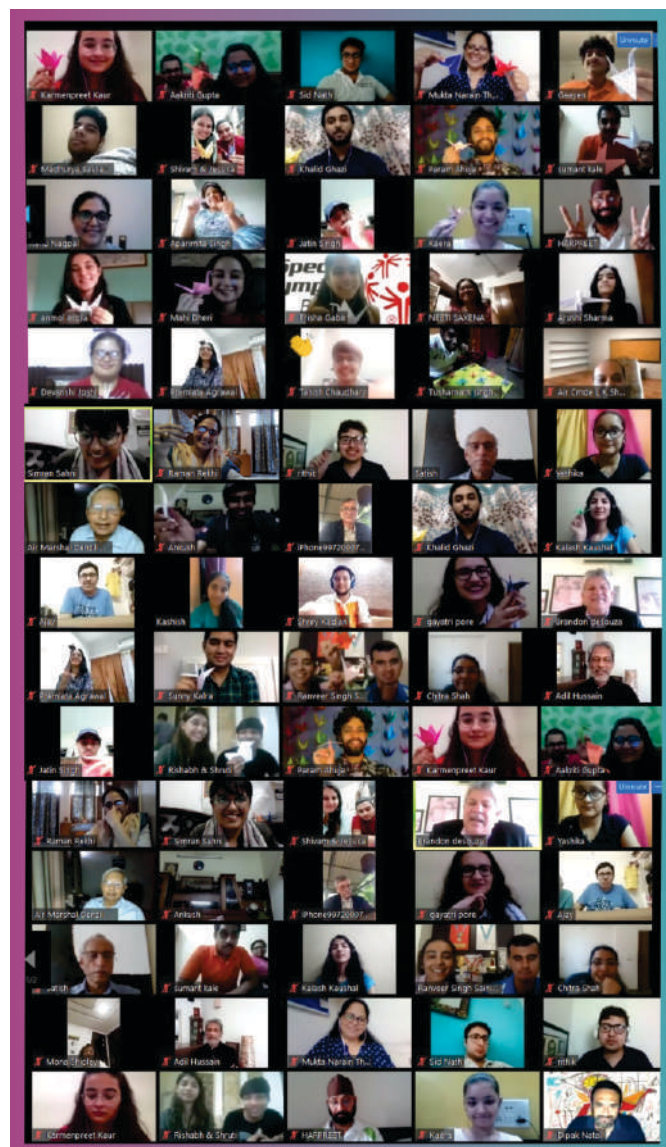


## Global Day of Inclusion

The Program held on 20 July 2020 (5PM IST) celebrated the Global Day of Inclusion by bringing together the Special Athletes and the distinguished personalities from the world of Sports and films for a virtual interaction. The complete program was run by different Unified Pairs .

Special Olympics encourages to combine youth with and without Intellectual Disabilities on and beyond the sports field to create everlasting friendships and nurture a Unified generation.

There were two clear segments of the program, one that engaged the Athletes and Celebrities in conversations through a 'Question & Answer' format. The second segment highlighted an initiative of the regional office the Special Olympics Asia Pacific (SOAP) – '1000 Cranes for Inclusion' that connected the youth and communities all over the region in 'Hope & Healing'. Having a strong relevance to the current global health crisis and the vulnerability of Persons with Intellectual disabilities to fall victim to it, this segment was planned for this session.



The 20th July marks the Global Day of Inclusion. Every year on this day (or even weeks before & after) all Special Olympics Programs around the world are encouraged to host activities that promote and inspire inclusion. Whether these activities are sports events, play or education activities, or even full-blown festivals, Special Olympics has always used this day to bring our athletes closer to the wider community in which they live and promote the fact that people with Intellectual Disabilities are no different to anyone else.



## Media Training

A Media training was held on 19 and 27 October 2020, for a separate group of participants on both the days. While the session on 19 October focused on the 24 Area Directors / Program Manager from 20 States participated and 21 Youth leaders participated across both the sessions. Area Directors, the other drew attention of the Athlete leaders and Unified Partners addressing relevant and value adding Media behavior.

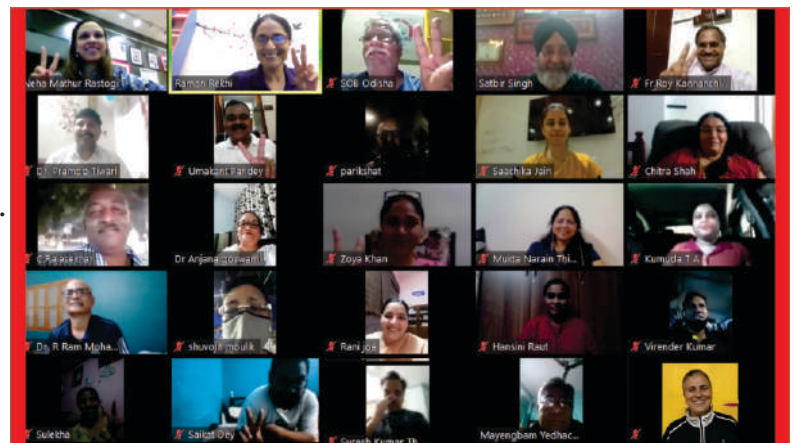
The training followed on the Media training Session organized by the Special Olympics Asia Pacific , while customizing the sessions to the specific requirements within SO Bharat within the Indian Media environment.

The virtual workshop drew attention to the importance of the Media in spreading awareness, the challenges faced by the State leaders within their existing media networks, sharing best practices across the states and understanding the importance of sharing standardized press materials in order to send an appropriate as well as universal information to the Media across the country. Mock interviews, interactions and quizzes strengthened the engagement and the understanding of the Indian Media. Potential Media- persuasive approaches were discussed in view of the current Pandemic situation, to keep highlighting the Athletes and the organization.

The Workshop was led by Ms Neha Rastogi , Founder of the Wordswork Communications Consultancy, New Delhi and her team , Ms Zoya Khan and Ms Saachika Jain, on both the days.

Special Olympics changes attitudes & behaviors through sport. We do it by showcasing the gifts & talents of people with ID.

Special Olympics endeavors to increase awareness of the brand globally, through existing and innovative digital & traditional channels, to enhance relevance & influence, while attracting more people and new audiences, especially at the community level



**We are a BIG deal!**  
Let's understand the scale

### Some key statistics

- 36 million people have ID in India according to WHO estimates
- Sports training and competition across 36 states and 688 districts across India
- We offer 16 summer games, 7 winter games and 2 local games
- 2019 World Summer games – 85 gold, 155 silver, 129 bronze medals





## Special Olympics Saskatchewan Unified Sports Invitational



The story of Arpita Mohapatra, a National Trainer from Odisha, India as one of the '50 Game Changers', re-emerged through an initiative of Chris Hamilton, a Youth Coordinator from SO Canada. In September 2020 Chris conceptualized a virtual event, inviting the '50 Game Changers' to participate in the virtual Special Olympics Saskatchewan Unified Sports Invitational.

This program included three sports: Unified – Bocce, Baggo and Basketball. The event was scheduled to run a duration of nine months, beginning from September 2020, organizing a World Competition in May 2021 and concluding with a Medal Presentation in June 2021.

To begin with the first component of the event, Arpita assembled two Unified teams- Team Bhargabi and Team Mahanadi, close to home, strictly following the Covid 19 restrictions to engage in an -'in-person' event. The month of October 2020 saw rigorous practices monitored strictly by Arpita.

Being the first and only to enter in their division – the teams secured the Gold Medal position and were invited to participate in Bocce in the Unified Sports Invitational

World Championships in May 2021. While Arpita is recruiting teams and assembling equipment for the next event- Unified Baggo, Unified Bocce now has become a regular activity within the Open Learning Systems(OLS) and the Unified Partners of both the teams, would be considered for the role in future competitions as well.

The Unified Bocce experience has been turned into a short video by Abhishek Gogoi, a Silver Medalist Cyclist from the Special Olympics World Summer Games 2019, Abu Dhabi.

The International Day of Persons with Disabilities, observed on 3 December was celebrated in the state with a segment of Baggo for all the guests to try out.

In celebration of 50 years of the Special Olympics movement ESPN and Special Olympics teamed up on a year-long storytelling initiative telling the stories of game changers and game changing moments toward inclusion.

Arpita Mohapatra, National Trainer from the State of Odisha, India was one of the global game changers for her contribution in training children with and without intellectual disabilities in open water swimming, an important & often life-saving skill, to combat the deadly floods that ravage Odisha, India every year.



The Months of June & July rolled out a **Social Media Campaign** as well, that connected the Clinical Directors directly with the Athletes across their specific disciplines. Each Clinical Director touched upon Covid 19 precautions specific to their discipline, addressing the Athlete and/or the SO Bharat community, reiterating their earlier guidance as well.

Several webinars were held and virtual initiatives rolled out as the medical fraternity too set out to adapt to the New Normal.

"We can fight this together" –The interns of the MS Ramiah faculty of Dental Science designed a video that spelt out the Covid 19 precautions as well as expressed gratitude for the medical fraternity with a compelling audio- visual appeal for persons with ID, just as the lockdown started. The TPCT's Terna Dental College, Mumbai sent a message to SO Bharat wrapped in a video that presented a step by step dance rendition of washing hands effectively, to keep the virus away.

Bihar held a virtual session viewed by over 700 parents of specifically, Persons with Intellectual Disabilities from the state. The discussions highlighted varied issues faced by the parents, from behaviour problems to opportunities, pension, availability of food etc. The parents were connected with the relevant support system, the psychologists and/or with the relevant experts, during the session.

The States of Delhi and Haryana conducted webinars on the Family Health Forum , supported by the Lions Clubs International and the Aruna Abhey Oswal Trust. Reaching out to the Clinical Directors of specific disciplines to take the lead, each session witnessed participation of approx 80-90 viewers essentially constituting the Coaches & Families of persons with Intellectual Disabilities.

While Haryana addressed Oral Hygiene & Care, led by Dr Ambuj Chandna, Clinical Director- Special Smiles, Delhi lectured three topics, namely, "Food, Diet and Nutrivigilance during Covid -19 pandemic", Role of Physiotherapy in Corona times and Eye hygiene tips during Covid 19 era led by Dr Lovely Gupta, Dr Devender and Dr Zeeshan Akhtar respectively



"I have learnt some very basic and yet uncommon lessons from the Athletes- Honesty and respect for all, which is absolutely unbiased. Engaging with them makes me realize that we are so judgmental while they do everything straight from the heart, with a smile. This is the greatest message I convey to all my students telling them that all lessons are not learnt from books"

**Dr Davinder Kumar Gaur , Physiotherapist and Lecturer, Banarsidas Chandiwalla Institute of Physiotherapy (BCIP), New Delhi and Clinical Director – Fitfeet , SO Bharat**

His very first experience back in 2011, of screening 600-700 Athletes across three days mapped the coming days. Contributing his time to the Athletes formed an important part of his professional service. Each event deepened his passion as he continued to engage more and more with the Athletes which gradually continued to affect his thought process. While he supported them in diagnosis and treatment, he learnt and grew as well both- medically and 'humanly'.

Citing an intriguing example, Dr Davinder said that at the Asha Kiran



home he was introduced to three identical cases of Microcephaly which took him by surprise. His concern of screening an athlete twice was calmed only when he saw all three residents of the Asha Kiran Home stand together! He thought that this could be an area to carry out research- uncanny facial similarities amongst persons with Microcephaly.

After having participated in the Healthy Athletes Clinical Director Train-the-Trainer Workshop in November 2019 held in New Delhi, he has led two screenings, one each in Asha Kiran and at the Frank Anthony Public School, New Delhi along with addressing an audience of parents, teachers and school authorities at a Special School in Dwarka, on Foot Hygiene.

*My greatest desire is that we create a system to continue doing follow ups of every Athlete. I have observed many cases of moderate to severe foot conditions across the various screenings that I have been part of. In fact foot assessment should be conducted at birth as well. So many conditions can be controlled during early stages of growth. Allowing anomalies to grow only escalates physical discomfort and financial burden. That's the question which haunted me right after my first experience as a Clinical Volunteer in 2011*

## HA Campaign Fit5 Offline



The months of October and November had five Unified pairs accept a challenge to raise the bar (of fitness) for themselves. The idea was to smoothen any obstruction that would come in their path, be it 'Digital' inaccessibility. Familiar with the Special Olympics Fit5 program for some time now, the pairs took up the five-week challenge made possible by the resources created by Special Olympics including the offline cards, the increasing attention in conversations and virtual events around 'fitness' and the continuing support of the Lions Clubs International and the Aruna Abhey Oswal



Unified Pairs from Assam, Gujarat, Jammu, Kerala and Madhya Pradesh followed the Fit 5 guide to step up physical activity, Nutrition and Hydration. An additional thrill came from marking progress each day in the tracker sheets that would show a strengthening will power and a habit that is forming. The Unified pairs were supported by a team of the youth leaders from the National YAC. They were felicitated in an event held later in the year, in the presence of Ms Avi Tania, Manager Health, SOAP

## Translating Awareness into Action



The month of January witnessed signing of two MoUs, one each with the Terna Dental College and with the Indian Association of Dental Students (IADS) in Mumbai. The IADS is the Country branch of dental student association of the World Dental Federation. The MoU with the Terna Dental College was entered at the Symposium on Special Care Dentistry held in collaboration with SO Bharat and the iADH India Chapter.

The education program was attended by over 500 delegates with representative from the Dental Council of India and Maharashtra Dental council. 5 National and International speakers deliberated oral health needs of people with ID (Intellectual Disability) and methods to address the gaps and the role of education. A panel discussion with Ms Sandra Vaz, Area Director, SO Bharat – Maharashtra, as one of the panelists added deep insights into the practical aspects of dentistry needs of the Athletes with ID

Initiated by Dr Reena R Kumar, 30 Coaches of SO Bharat, Tamil Nadu were screened for Oral cancer along with 'Tobacco Cessation and Intervention Counselling' was conducted as well. 4 coaches were identified with precancerous lesions and smear biopsy was done at the venue itself. As cellular changes at this stage can be reversed with tobacco cessation, appropriate counselling was extended specifically to these four Coaches, and methods to discontinue tobacco-use was addressed.



Further, an MoU was signed with the Bharath University, in the presence of the Vice Chancellor and the Deans of the colleges on world cancer day followed by a meeting with the Chairperson of the university in her chamber. The MoU is high impact as total health will be covered in the medical college and hospital for the Special Olympics Athletes along with sports facilities and training with the sports medicine doctors



Aligning existing & new partners with our strategies, and combine increased resources with dynamic leadership to deliver the best possible impact for people with Intellectual Disability



## Mission Inclusion: Bharat

*Supported by  
Lions Clubs International & Aruna Abhey Oswal Trust*

Through the support of the Lions Clubs International and the Aruna Abhey Oswal Trust approx. 600 families across the states of Jharkhand, Odisha and West Bengal were provided with Covid 19 hygiene essentials and more. The distribution was augmented with a talk on Personal Safety, Health & Hygiene.

## Celebrating Partnerships



'Mission Inclusion Bharat was launched in 2017, 'focusing on a range of service areas, including the involvement of Leos in the Special Olympics inclusive sports program Unified Sports® to create an inclusive development platform across India to benefit children and adults with intellectual disabilities, their families and their communities. Mission Inclusion: Bharat made over 50 Unified events possible, along with 42 health screenings providing over 860 glasses to the Athletes while engaging 407 Lions volunteers and 653 LEOs



## Leadership and Motivation Continues.

Spirits and Services are not locked down

PID Trustee Dr Aruna Abhey Oswal,  
Lions Clubs International and  
Chairperson Aruna Abhey Oswal Trust



## IKEA Foundation



Funding from the **IKEA Foundation** has supported the growth of Young Athletes in Bangladesh, India, Pakistan and Thailand from 2017 through 2019. The Young Athlete Program is part of the Special Olympics Global Strategy 2016-2020 to provide improved opportunities to athletes to perform at their best and also to build positive attitudes towards people with intellectual disabilities. YA is an important strategy towards achieving the goal of improving Athlete performance along with providing a positive and Unified experience



To implement YA and meet the strategic targets SOB worked across the three YA models i.e. Schools, Family and Community. SO Bharat's Strategy in India was to work on 4 P's – Participants (Athletes), Practitioners (Teachers & Coaches), and Parents (Family), Policy Makers (Government).

SO Bharat was able to reach out and provide more inclusive opportunities to 3, 28,812 children with & without ID from an early age to develop necessary cognitive, physical and social skills to lead a more healthier and independent life by engaging with 230013 parents February - March 2020 saw a Young Athletes festival roll out across nearly 100 districts in 22 States of India witnessing participation of 5000 Young Athletes with and without Intellectual Disabilities-





Developmental sports activities can provide an age-appropriate introduction to sports for children with and without intellectual disabilities, ages 6-12 years old. Special Olympics Young Athletes provides children with a general introduction to the fundamental gross motor movements that will help them become more successful in sport. While children can participate in Young Athletes through age seven, as children get older, they are often ready for more sport-specific coaching and instruction.

August 2020 saw a roll out of a series of three webinars that trained Coaches in Basketball, Cricket & Football in the Developmental Sports format, attracting a viewership of approx. 200 per day and educating the Coaches to create a conducive transitional environment for the Athletes. The initiative is being supported by Herbalife Nutrition that stands steadfast in its commitment to Inclusion of Persons with Intellectual Disabilities through sports, regardless of the testing times of Covid19

"Herbalife Nutrition is proud to reach out and change the lives of the Specially abled children and athletes, with the help of Special Olympics Bharat. Sports is a great equalizer and SO Bharat has been at the forefront of inspiring not only the sporting talent but also enabling attitudinal change in the communities we live in. The children are blessed with phenomenal determination, and we are happy to be able to give them a platform to shine while sending a very powerful message to the world. That resilience helps overcome all odds. Our relationship with Special Olympics Bharat exemplifies our commitment to Build it Better and we look forward to continuing this deeply meaningful relationship"

- Mr Ajay Khanna Country Head Herbalife Nutrition (India)





MAJOR DONOR  
ISN/SNF  
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STAVROS NIARCHOS  
FOUNDATION



With the continuing support of the Stavros Niarchos Foundation (SNF) India was successful in expanding the Unified School programming to the four states of Haryana, Uttar Pradesh, Uttarakhand and West Bengal.

The impact of Unified Sports is extremely significant. I have participated in various Camps as well. Wherever, only the Special Athletes play they play comfortably, but when they play with players without ID, they push their limits, to come at par. A structured Unified engagement conducted regularly, modifies behaviour. They start moving rapidly towards the 'normal'. We, too, like to have good players playing with the Athletes, so that they learn new skills while making friends.

**- Ms Sunita Kumari, Community-based Rehabilitation Coordinator,  
Chetanalaya Vishesh Gurukul, Haryana**



Chetanalaya introduced the Special Olympics program in 2008. With no direct access through a tarred road; driving over small hills of dust and sand is where the Chetanalaya Vishesh Gurukul lies; even walking from the bus to the centre is rather laborious. Chetanalaya is an NGO under the Christain Missionaries, working across 16 different fields like gender Equality, women Empowerment, Disability etc. In this region it is difficult to segregate People with Intellectual Disability (ID) from those without. Schools are few and mostly the socio-economic background is the same. All children with or without ID have been attending the school together since its inception in 2002. However, before Special Olympics was introduced, although everyone attended together but Persons with ID would sit aside and remain segregated. Young Athletes is what they started first with, executing a structured, common activity for an inclusive group.

Special Olympics International celebrated the Play Unified: Learn Unified Global Football Skills Virtual Competition on 3 December 2020. The hour-long event was a culmination of a Unified football competition held across a month receiving 190 football skill videos from over 50 Unified Pairs, across the skills of dribbling, juggling, and passing. The competition started in the 13 Programs that currently participate in the Play Unified: Learn Unified project and then expanded to many more Special Olympics Programs. The Unified Pairs expressed their experiences of friendships, Unified Sports and Unified Schools. Priyanka, Athlete Leader from Haryana and Tiyas Chatterjee Youth leader from West Bengal expressed their gratitude to SNF for granting this opportunity, as did more youth leaders from Kenya, Egypt, Taiwan and China

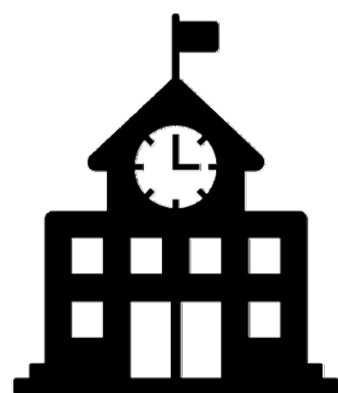
In August 2020, Special Olympics Bharat announced initiating a nation-wide implementation of one of the largest initiatives for inclusion in education for young people with and without intellectual disabilities – through a global collaboration between the Special Olympics International and **His Highness Sheikh Mohamed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi** and the Deputy Supreme Commander of the United Arab Emirates Armed Forces. The initiative that encourages activation and empowerment of the Youth at the local, national and global levels is enriching national and multilateral institutions and processes.

In the gracious presence of His Excellency Dr. Ahmed Albanna, the Ambassador of the United Arab Emirates (UAE) to India, the Youth Leaders with and without Intellectual Disabilities anchored the evening. Other distinguished guests included the President and Managing Director of Special Olympics Asia Pacific Region Mr. Dipak Natali, Founder and CEO of Special Olympics Bharat Air Marshal Keelor, Chairman of Special Olympics Bharat Mr. Satish Pillai, General Secretary of Special Olympics Bharat Dr Amitav Mishra. Chairperson of Special Olympics Pakistan Ms. Ronak Lakhani & Dean of Physical Education Department of the Amity University UP NOIDA, Dr Kalpana Sharma.

His Excellency Dr. Ahmed Albanna, said, "Today's theme is one of the initiatives which I strongly & personally support. United Arab Emirates (UAE) as the beacon of diversity and tolerance, has emerged as one of the leading countries to support the creation of a just and equitable society for people with special needs or 'people of determination'. Special Olympics is creating a supportive environment for People of Determination

The grant will support the global expansion of the Special Olympics 'inclusion in education' initiative, Unified Champion Schools (UCS) in six countries – Argentina, Egypt, India, Pakistan, Romania, and Rwanda. The Program promises to activate Unified Champion Schools across 12 States of India within the four year term beginning January 2020.

In a message to the Area Directors, Mr Satish Pillai, said: "Being the leaders of your respective states you have a pivotal role to play in making this a reality. While supporting and encouraging the youth to lead the activities, you are positioned greatly to leverage your networks and partnerships to spread awareness & create communities of Inclusion. The grant supports progress of the Unified Schools into the Unified Champion School space, in a sustainable model engaging the whole school community"



## School and Youth Engagement

Over the past three years, Hasbro has been a supporter of Special Olympics Unified Schools. Hasbro's philanthropy is focused on "instilling empathy in children around the world" and launched an initiative called Be Fearless, Be Kind "to nurture empathy and compassion in youth and help put kindness into action". Special Olympics Inc. awarded a Hasbro Children's Fund Grant to Special Olympics Bharat to further the Unified Schools work in Mumbai, India or within reasonable driving distance.



The Youth in Mumbai and Pune have re-ignited their activities with the support of the Hasbro Children's funding. Fueled once again with their support for the third year, the youth continue to expand the movement into new schools and new batches within the existing ones, reaching out to more youth leaders and stakeholders.





ESPN and its association with Special Olympics, spans nearly 33 years. Dedicated to promoting social inclusion through shared sports training and competition experiences, Special Olympics Unified Sports joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

With support from ESPN and others, Special Olympics has grown this innovative and inclusive program to more than 1.6 million participants.

Since 2014, SO Bharat continues to be a recipient of the ESPN support to fuel the Unified Sports program that includes Unified Coaches training as well. In March 2020 India was set to host a Regional, SOAP Cricket Tournament at Mysore, Karnataka, a plan that had to be shelved due to the onset of the global pandemic

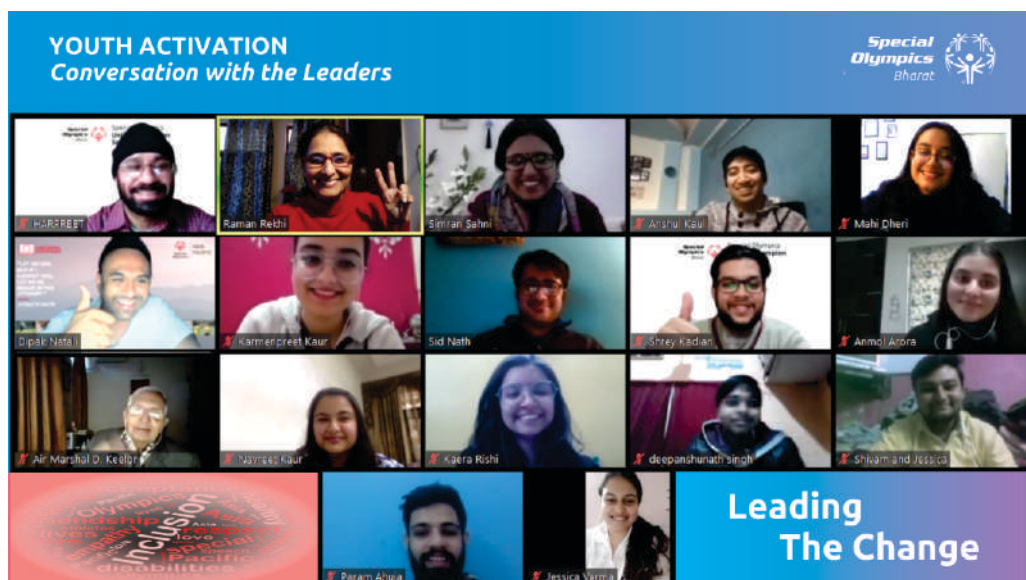


## UNFPA



Formalized in November 2019 at the International Conference of Population and Development in Nairobi, Special Olympics and the UNFPA share a global partnership representing a shared commitment to empower youth with intellectual disabilities, especially girls, and to increase social protection and access to health services worldwide. For both Special Olympics and the UNFPA, grass-roots inclusive sports represents a powerful platform to provide these opportunities, given sports' proven ability to unite, empower and level the playing field for all participants, especially girls.

Following a meeting in February 2020 between Special Olympics International, Special Olympics Bharat and UNFPA India, the parties proposed using the global partnership as a platform to launch a pilot project aimed at providing targeted reproductive health and sanitation education to persons with intellectual disabilities as well as to the primary care-givers and the special needs educators in select sites in India.



Youth Activation journeyed through several developments, owing to the pandemic as also to its own nature. Few Youth leaders involved in shaping Youth Activation moved on, leaving space for new ones to take over. The absence of in-person activations was felt deeply but the virtual platform expanded the reach beyond State and National boundaries. A steady interaction created an environment of change that impacted both, youth with as well as those without Intellectual Challenges.

While Inclusive Leadership became a frequent subject of discussion, personal adjustments expanded the focus to Socio - emotional learning. Diversity although exists, began to thrive in its co-existence forcing its way silently into a revolution that upholds equity & Inclusion

## Athlete Leadership

The National Athlete Input Council of 18 members announced on 25 January 2020 met periodically, addressing the highlights and challenges. Communication within the group started to strengthen personal skills as the Athletes dropped inhibitions to express themselves. To accentuate the change a Social Communication Work shop was held brushing up their Communication skills specifically, while training them on etiquettes and behavior.

Athletes with Intellectual Disabilities who along with their family members and Unified buddies from the National Youth Activation Committee, trained through a nine week workshop on 'Social Communication' through the months of July, August and September 2020.

The Course was an introduction to the foundations of Social Communication and Leadership – with a focus on performance within the online setting of video conferencing. The importance arose out of the emerging need of refining verbal and non-verbal Communication that assumes centerstage in the virtual space. Ten athletes from Special Olympics Bharat participated in the course. The Individual training provided an opportunity for the athletes to ask questions, and to receive customized support. Small group interactions fostered comfort and familiarity between athletes, thus reducing anxieties and facilitating overall communication skills

The trainings were led by Ms Sara Ann Schuchert & Ms Parul Gupta. They follow the Eye to I Model, which is a unique therapeutic model with the main focus of imparting social communication skills to the neuro diverse population

## Youth and School Engagements

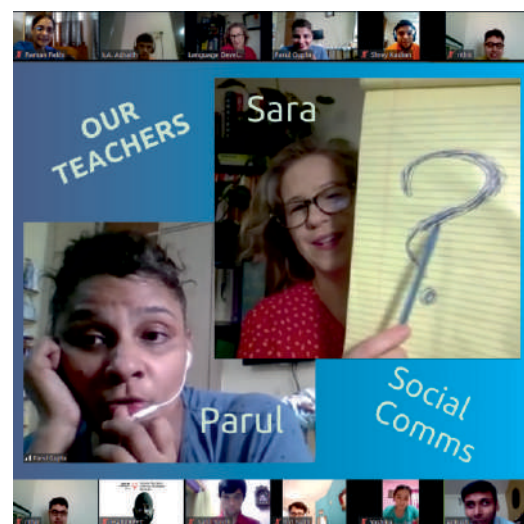
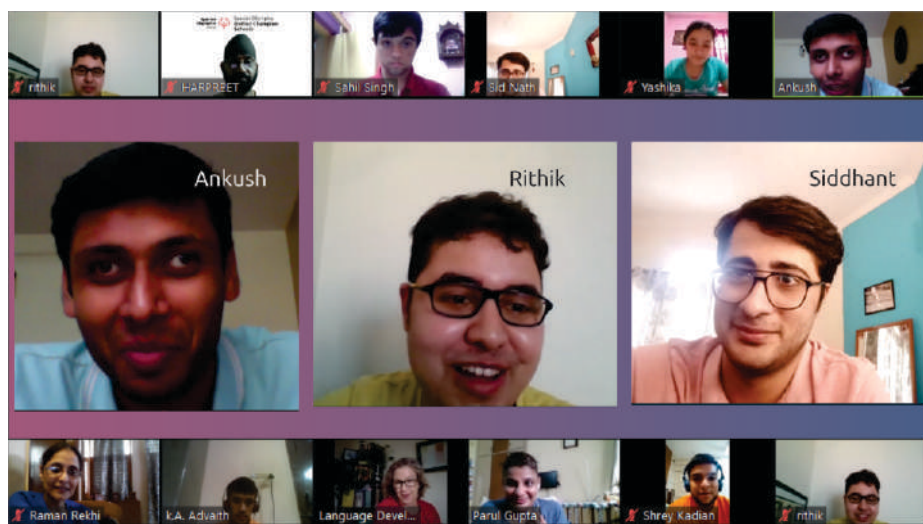
Young people with & without ID are **IMPORTANT**

They are more open to inclusion  
They understand and embrace it.  
They bring the creativity and energy we need, to change the world.

Special Olympics is creating systems for engaging them beyond youth to lifetime, reaching out to them in new ways to engage them in our vision and goals.







If we want a more inclusive organization and accepting world, Special Olympics athletes must be allowed to contribute in ways beyond the sports field. One of the most powerful ways we do this is through Athlete Leadership, which creates opportunities for people with intellectual disabilities to develop and demonstrate their abilities in leadership roles.

As part of Special Olympics Athlete leadership, they can be trained to assume roles of strategic levels, including, being Board Members, fundraisers, advocates for the movement while also graduate to assisting the Coaches and become course instructors. They can assume 'Media' roles by being spokesperson for their program, and can also be trained to write articles, do television or radio shows, or work with the newspapers.

## Athlete Leadership

### Athlete Leadership



Every athlete has **leadership abilities beyond sport** that can contribute to the movement!



### Why Athlete Leadership:

- They can support program and activities
- Their confidence, self-esteem and social-emotional learning skills can be improved
- They can lead and advocate for themselves
- They can bring about change in the attitudes and behavior of people with and without ID

### Athlete Leadership Leadership & Skills Curriculum Overview



Through a series of webinars SOAP reiterated the leadership roles of Athletes, mentorship and Unified Leadership

## Athlete Development

Leveraging the experiences and expertise of the State Area Directors an Athlete Mentor Interaction & Training was held across four days in the month of June. State leaders from UP, Jharkhand, Rajasthan, Gujarat, Punjab, Haryana & Maharashtra presented their experiences, challenges as well as information on the best practices in supporting Inclusion of the Athletes. While presenting the role of the Mentors in the best interest of Athlete development, a day was dedicated to showcase abilities of the Athletes as leaders.

"One of the greatest values of mentors is the ability to see ahead what others cannot see and to help them navigate a course to their destination."

~ John C. Maxwell

Athlete leaders benefit from the support of a volunteer Mentor. Some athletes may need regular or occasional support throughout their career as a leader. Others may quickly be able to serve in leadership roles independently.



Special Olympics 

### Shrey Kadian Asia-Pacific Region Representative in the Special Olympics Global Athlete Leadership Council

Shrey Kadian, Athlete Leader from New Delhi and the Chairperson of the National Athlete Input Council was nominated as member of the Special Olympics Global Athlete Leadership Council (GALC)

It is for the first time that an Athlete from SO Bharat has received the honour. The GALC has seven members representing all the seven Special Olympics regions.

Shrey will be serving a term of three years (2021-2023) in this role, where he would be expected to represent the ideas of the region, plan opportunities that create a platform for training & empowering more Athletes and continue to model Unified Leadership.

Shrey Kadian who joined SO Bharat in 2008 becomes a role-model with his continuous endeavors of self-growth and the growth of Athlete leadership within SO Bharat. He dreams of establishing a strong identity for Persons with Intellectual Disabilities with the support of the Government of India and mainstreaming them.

Observing and imbibing profound lessons of Leadership from none other than Air Marshal Denzil Keelor, the Founder of the Special Olympics movement in India, Shrey with his blessings, prepares to expand his role to support the global Athlete community with steadfast sincerity







## Sibling Engagement



The Athletes of Special Olympics Bharat along with their siblings, virtually celebrated the International Day of Persons with Disabilities, upholding their abilities and reaching out to more siblings, family members and State leaders, on 2 December 2020. The event was a culmination of a month-long activities and engagements that created an open platform for the Siblings pairs to engage together in multiple activities. Subject-focused sessions were held with their families separately, creating an opportunity for them to deliberate essential challenges and concerns with each other as well as with experts invited for each of them. Aakriti Gupta and Gayatri Pore, sibling leaders from Jammu and Maharashtra, respectively, took over 80 attendees through an overwhelming journey driven by different Sibling pairs.

Air Marshal Keelor, Founder & CEO, SO Bharat said - *"I am deeply impressed and touched by the determination of the Siblings to engage effectively in the lives of the Athletes, to open the environment of growth and allow them to discover new horizons. It is one of the very prized programs; a fantastic initiative having a high potential. I will hope and pray that we will be able to increase the participation. The Area Directors (State Leaders) have already been told by us and together we will be able to make it a grand program"*

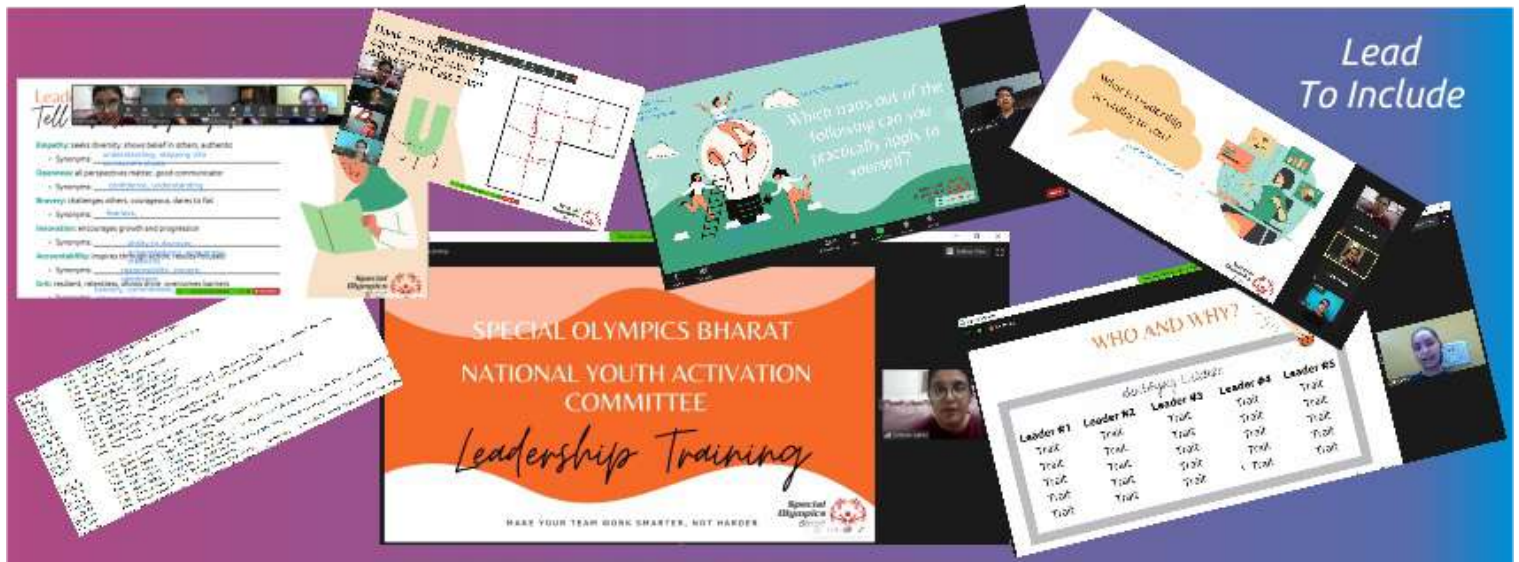
*"As a Sibling growing up Special Olympics was extremely important in my journey, in understanding and accepting my family. Special Olympics is a place where I can connect with other siblings and spend quality time with my family. I can also invite other friends of mine to cheer us on or to volunteer anyhow"* - Ms Meghan Hussey  
Sr. Manager, Global Development and Government Relations, Global Youth and Education Programming, SOI

### About the Special Olympics Sibling Engagement

Inspired by Eunice Kennedy Shriver, the founder of the Special Olympics movement and a sibling herself, Special Olympics has identified the power of siblings as agents of change for inclusion. Siblings have the opportunity to get in the game as leaders of the Unified Generation both on and off the playing field through Unified Sports and advocacy work. Through a partnership of the Samuel Family Foundation, Special Olympics is able to pro-actively reach out to siblings by developing resources, holding workshops, and supporting sibling projects to make their schools and communities more inclusive.

## Inclusive Leadership

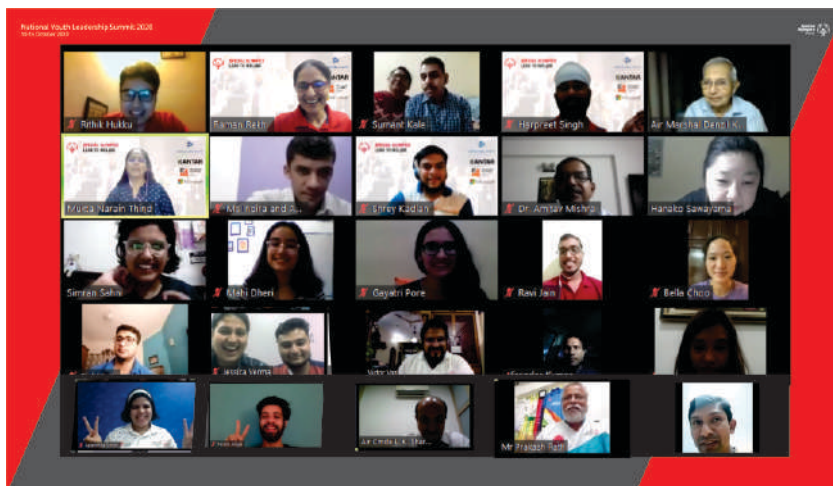
The new members of the National Youth Activation Committee(YAC) brought new systems new roles and a new thinking that lead to a stream of new developments. Engaging with their respective Unified buddies prepared them to share their thoughts on 'Inclusive Leadership'. In August two sessions of 'leadership focused' sessions stimulated them to think deep, reflect, question and re adjust their perspective. Each of them named themselves after their inspirational leader, while one even said that she can't name any one, as she ends up learning from so many. The activities and brainstorming went on. The National YAC is geared to 'Adopt a Unified School' and also support the States to form their own State Youth Activation Committees



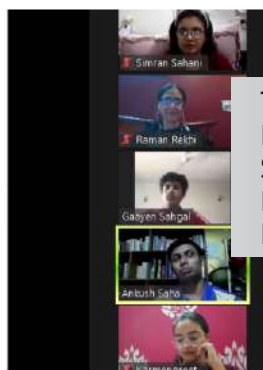
# National Virtual Youth Leadership Summit 2020

Youth with and without Intellectual Disabilities along with Officials, families and volunteers from 20 States of India participated in the virtual National Youth Leadership Summit 2020 to share their ideas for an inclusive world. This diverse cohort of youth leaders represent the Special Olympics Bharat and span across all corners of India and few from outside as well

The Summit that was conducted across three days, 10, 12 and 15 October 2020, dedicated the first half to Inclusive Youth Leadership while the other half was dedicated to a focused subject namely, Mental Health, Unified Sports and Youth Engagement in Schools. The Summit was anchored by a Unified Pair on each day, encouraging them to stoke thoughts around Understanding and Practicing Leadership, Inclusion and the subjects of the day, through interactions led by reflective questions, activities and ice-breakers. Each day opened with Zoom etiquettes announced by the Unified pair- Aparimita Singh and Gayatri Pore from Maharashtra and concluded with reflective questions which were taken up at the beginning of the next day's session.

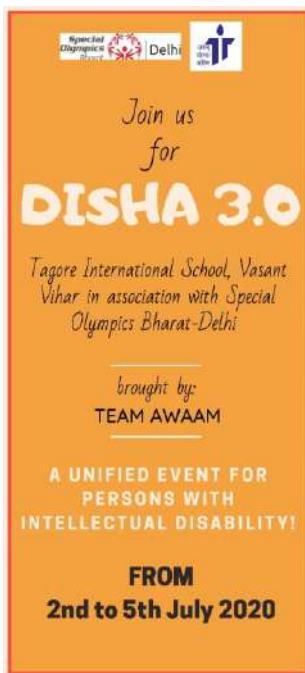






The International School Bangalore Karnataka

Frank Anthony Public School Delhi



Apeejay School Pitampura Delhi



Tagore International School Vasant Vihar Delhi



Sanskriti School Delhi



Jaypee Public School Greater NOIDA Delhi NCR



Jorhat Institute of Science & Technology and Ashadeep Assam





World Youth Skills Day

## Celebrations & Festivals



1000 Cranes for Inclusion





## Impacting Lives

### Rachna Speed Skater Haryana

Father: Kuldip  
Daughter: Rachna  
India

"My daughter is a sportsperson. My dream is that she should not be dependent on others. She should be able to create a niche for herself in the society." - Kuldip



Rachna, SpeedSkater from Haryana won 2 silver medals, one each in 111 and 222 meter events in speed skating at the Special Olympics Sweden Invitational Games 2020 held in Ostersund from 1-4 Feb 2020.

"Children like my daughter Rachna have abilities and they deserve to be part of the mainstream society. People have to and they must break stereotypes, and expand their perception to recognise and accept something that they aren't "

**Mr Kuldip Singh, Head Constable with the Haryana Police**

Rachna was born normal but slipped into coma for about 15-20 days with the medical team nearly giving up on her chances of survival. When they were told by her first school, which was mainstream, that she needs special care including a Special school, her parents cried bitterly.

Says her father, " Everyone who looks at her as someone with a 'Disability' will then be able to see her ability. I have myself played Kabaddi (Indian Local Sport) at the district level. I know that sports instills discipline and passion. When I see her exercise in a session, I don't forget that. I make her practice it at home. At that time I am her Coach- there is no compromise in that I can put everything that I have at stake for my daughter. She means the world to me. Rachna is a strong contender for the World Games to be held in Kazan Russia.

### Anjali Raina



### Footballer Delhi

Anjali has a natural talent for art. Be it Raakhee, Janamashtami, Ganesh Chaturthi, she is equipped to deftly shape colourful embellishments. Her table at home is strewn with pieces of coloured paper& decorative objects that bait her to create at any time.



Anjali Saini, 24 yrs, is an Athlete from New Delhi with Intellectual Disabilities and hearing Impairment. She has a twin brother who is 'normal'. Looking perfectly normal at birth, it is her delayed milestones that drew attention to a possible condition. She has hearing impairment as does her older brother who has also married a person with Hearing Impairment. Her father retired from the Health Department, Delhi Govt about three years back, while her mother is an aanganwadi teacher. Anjali is one of the five siblings and is an alumna of the Kulachi Hansraj Model School, New Delhi, currently pursuing second year from IGNOU (Indira Gandhi National Open University). She joined SO Bharat in 2015, playing football under the close guidance of Suresh , her Coach and Praveen. She won a team Bronze for India in Unified Football at the Special Olympics World Summer Games 2019 held in Abu Dhabi

"Special Olympics gave her confidence. She met persons like herself. She has a group of friends, where she is constantly learning and feeling positive "

– Anjali's Mother

Rohit leads Zumba classes, starting this new venture in July 2020 in Mumbai, charging a fee with the support of his mother, Ms Mrunal Sawant. "A star needs the sky to shine. If my son is a star, Special Olympics is the sky", says his mother. Born in May 1997, and 'normal', Rohit started to show signs of slowing down after a second accident and also a second head injury. The medication that followed had its fall-outs, pushing back Rohit in his years after he attained the age of 9.

As he was a hyperactive child, his mother thought that she could introduce dance & swimming to him. Rohit started with all difficulties, swimming at the Shree Gym Pool under Shri Santosh Londhe and dancing lessons with his cousin Shri Rahul Murumkar at Shree Dance Academy. Under the guidance of Coach Shri Abhijit Tambe, who has been a coach with SO Bharat for the past 16 years. Along with two more students from his school, Rohit set a record for swimming non-stop for 13 hours and 12 minutes in 2014, securing a spot in the Limca Book of Records. Participating in the Special Olympics Dance Sport workshop held in January 2019 added another feather in his cap. Rohit won a Silver medal in 100m freestyle swimming at the Special Olympics World Summer Games Abu Dhabi 2019 and another Silver medal in the Demo Dance Challenge held during the mega event.

There has been a sea change in his life as he spends more time with his friends- the greatest being that he has friends now. Recalling the arduous journey, Mrs Rawat personally celebrates Inclusion today. From the time when she heard nothing but complaints and bullying of her son to now when she sees him prepare to train others, she is happy and feels that perhaps every moment contributed to this success.



**Rohit  
Sawant  
Swimmer  
Maharashtra**



Vaibhav Khullar secured 86% in the National level e-quiz on the topic of Physical education and sports, organised by the directorate of Education under the Fit India movement.

For 3-4 years after Vaibhav was born, all that she heard for her first child was, 'Mentally Retarded', moderately Autistic, and more. There seemed no hope anywhere. There seemed no hope anywhere. He was not openly accepted in the mainstream even by persons well known to the family. The real world of SO Bharat was introduced to Vaibhav and Krishna through the Athlete leader, Shrey Kadian in 2020.

"Special Olympics was my first ray of hope- the only organization that has created an environment of acceptance and respect for what children with Intellectual Disability can do. Their acceptance is the greatest gift for their parents"- **Ms Neeti Khullar, mother of the youngest sibling pair, Delhi**

### **Vaibhav and Krishna Khullar, Sibling Pair, Delhi**

Vaibhav is now 9yrs of age and has a bubbling energetic and enthusiastic younger sibling, 6 yrs Krishna. The duo never miss any session, pro-actively participating in each, be it asking questions or doing an activity.

The Bhatnagar International school, New Delhi, of which Vaibhav is a student, helped immensely in accepting him with open arms by creating an environment of inclusion. The lockdown has impacted her children positively. It has given them so much time to engage with each other. They have started to bond so well.

"Everyday I see new hope. There is a different aura about the house. My kids are loving it. They exercise together, they enjoy together. The non-academic virtual activities have sharpened the communication skills of Krishna and gives him more time to be with Vaibhav" - Ms Neeti Khullar





## Korok Biswas, Athlete , West Bengal

Korok Biswas is an accomplished classical dancer who was felicitated with the Pradhan Mantri Bal Shakti Award 2020 (Under National Child Award for Exceptional achievement) from the President & Prime Minister of India, during the Republic Day Celebrations for his contribution in art and culture. He is the first ever child with down syndrome to ever achieve this award. Korok is a Senior Diploma holder Dancer from Rabindra Bharati University and a National Scholarship Holder Dancer from CCRT under Ministry of Culture, Govt of India.

He is 17 yrs old and has been a Special Olympics Athlete since the age of 11 having participated in various State and Local Level Games in Athletics (50m and Shotput). Shocked to even come to terms with Korok's condition themselves and then to have to explore facilities that would support his growth at a time when options were few, left his parents feeling isolated themselves. Receiving no support from the family and neighbours plunged them to near suicidal thoughts. The journey for Korok's parents was tumultuous and unbearable at times, when they heard their son and only child being called 'handicapped' or 'unwanted' or them being labelled as 'Cursed'. The tough challenges, however, compelled them to choose a positive path of development and joy.

Joining the Noble Mission School turned the tide. He gained access to therapy, Special Olympics Sports and all that gradually delivered him from pushing people, throwing objects unprovoked to a calm, cheerful, social and 'talkative' Korok. He himself, being fond of Music and dance, introduced Korok to it and there was no looking back.

*I will make this world as the blooming garden of all the little children buds, on harvesting more Koroks – says Korok*



Dr Lovely Gupta participated in the Healthy Athletes Clinical Director Train-The-Trainer Program held in November 2019 in New Delhi. She is currently working as Senior Research Fellow (Ph.D Scholar) in Clinical Nutrition at the Department of Endocrinology and Metabolism, AIIMS, New Delhi and Department of Food and Nutrition, Lady Irwin College, University of Delhi.



Her first experience with SO Bharat goes back to 2014 when she volunteered at a Healthy Athletes screening. The experience exposed her to a different perspective. Her engagement with Athletes with Intellectual Disability made her realize that while education equips them to carry out a task, they have to keep progressing by flexing their expertise to serve a diverse population. According to her it is the responsibility of the health care professionals to continue exploring ways of reaching out to Athletes with all abilities. It should be Inclusive. Special Olympics is a platform that gives you an opportunity to implement your theoretical concepts into practical living.

## Dr Lovely Gupta, Clinical Director , Health Promotion Delhi



“What overwhelms me is the way Athletes are so compliant. They are readily willing to action whatever is being told to them. Any little gift given to them brings them so much joy. I recall giving something really tiny to an Athlete during a screening. He danced. And seeing him so happy uplifted my mood. It returned to me as a valuable blessing. Experiencing these moments has deepened my involvement with SO Bharat. It is truly Athlete-driven”- Dr Lovely Gupta







## Partners in Inclusion



**CHOOSE TO INCLUDE**



## From the Leadership of SO Bharat

Maintaining our focus  
on “The Athlete”  
as the highest priority  
of our Program.

Following a Policy of  
“Sustained Quality Growth”

Reaching out to as many  
People with ID as we can.

Optimizing the resources  
available to the Program.

Targeting all the elements  
recommended in the  
Global Strategy

Maintaining high ethical and  
moral standards in all our activities.

Adopting a high quality standard  
of management.

Engage with other like minded  
organizations which promote  
sport and inclusion



Intellectual disability (or ID) is a term used when a person has certain limitations in cognitive functioning and skills, including communication, social and self-care skills. These limitations can cause a child to develop and learn more slowly or differently than a typically developing child.

Intellectual disability can happen any time before a child turns 18 years old, even before birth.

According to WHO, approximately 1 – 3 percent of the global population has an intellectual disability, as many as 200 million people.

Intellectual disability is significantly more common in low-income countries—

16.41 in every 1,000 people.

Based on this, the ID Population in India may be estimated at 30 million.

## Special Olympics Bharat

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