



Special Olympics



Along with interventions you may also consider the Special Olympics Young Athletes Program.

It is a sport and a play program for children with and without ID (ages 2-7 yrs). It introduces basic sports skills like running, kicking, throwing.

It offers families, teachers, care givers and people from the community the chance to share the joy of sports with all children.



What does every child want?
The chance to kick a ball, to throw it well,
to share that success with family members

What does every child with intellectual disabilities want?

The exact same thing !!!



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Fostering a fast track
development
in your child

"We never expected anything from both our children as they are special but now we know that they can also do something if a chance to learn and practice continues."

- Mr. Ivan Mascarenhas
(Father of Athlete Siblings in Mumbai)

Special Olympics
Young Athletes

Supported by
IKEA Foundation



Special Olympics provides many opportunities for people with Intellectual Disabilities to build confidence and learn new skills.

Intellectual Disability



Intellectual Disability (ID) is not a disease. It is a condition & its expression can change with interventions & support

Intellectual Functions:

Reasoning
Problem Solving
Academic learning judgement
Abstract Thinking
Planning
Learning from Experience

Adaptive Functioning:

Communication
Social Participation
Independent Living

Because many Children with ID physically appear no different than anyone else, it can sometimes be hard at first to believe the diagnosis

Other conditions that can occur with ID

Autism Spectrum Disorders

Epilepsy Cerebral Palsy

Dispelling Myths about ID



Myth

Children with ID won't ever walk or talk

Fact:

Children with ID DO learn to walk, talk, make friends & interact in some way with the community

Myth

Children with ID cannot learn

Fact:

Children with ID learn- but at their own pace. You are your child's first teachers

Myth :Children with ID never get independent/lead a family life

Fact:

They work and lead a family life

Myth

Families of Children with ID do not do well

Fact: Most parents feel increased demands to give their child their best. Most find benefits to having a child with ID

Interventions and Support

There are several interventions support and services that can help your child reach their potential



Speech Therapy

to help speech or language problems



Occupational Therapy

to develop motor skills & activities of daily living



Physical Therapy

to improve balance, hand-eye coordination



Play Therapy

to promote overall development & play skills



Cognitive Therapies

to improve memory, logic & reasoning skills



Mental Health Support/Therapy

to help emotional development, control anger, to avoid aggression



Family Therapy

to help family members understand the nature of Intellectual Disability